

Table of Contents

Descriptions of Key Agencies 1-5 **Hotlines 6-7**

Descripción de Agencias Importantes 8-12 **Números Telefónicos Importantes 13-14**

Community 15

- Clothing Banks 15
- Recreational Activities 15
- Safety 18
- Transportation 19

Disability Services 20

- Adult Foster Homes 20
- Case Management 21
- Education 21
- Employment 22
- Financial Assistance 22
- Healthcare 23
- Housing 23
- Legal 23
- Medical Care 24
- Services 24
- Transportation 25

Education 26

- Career Planning 26
- Financial Assistance 26
- GED Testing 26
- Hispanic Services 26
- Preschool 26
- Safety 27
- Secondary Education 27
- Support Services 27
- Tutoring 28

Emergency Services 28

- Crisis Hotlines 29
- Domestic Violence Rape Response 29

Emergency Medical Care **30**
Energy & Utility Assistance **30**
Natural Disaster **30**
Shelter **31**

Employment 32

Employment Services **32**
Job Training **33**

Family 33

Adoption **33**
Child Abuse & Neglect **34**
Child Care **34**
Counseling **34**
Foster Care **34**
Infants **35**
Parenting **35**

Food 35

Meal Delivery **35**
Meal Sites **36**
Pantries **36**

Health 37

Alcohol & Drug Support & Treatment **37**
Case Management **39**
Counseling Support Groups **40**
Dental **41**
Education **41**
Eye Care **41**
Family Planning **42**
Gambling Addiction **42**
Health Insurance **43**
HIV/AIDS **43**
Medical Care **43**
Pregnancy **45**
Prescription Assistance **47**
Tobacco **47**
Transportation **47**

Housing 48

Affordable Housing List (Appendix A)
Case Management **48**
Disabled Housing List (Appendix A)

Energy & Utility Assistance **48**
Furniture **49**
Housing Assistance Programs **49**
Legal **49**
Senior Housing List (Appendix A)
Shelters **50**

Legal 51

Assistance **51**
Case Management **52**
Children **52**
Disabled **52**
Discrimination **53**
Housing **53**
Immigration **53**
Restraining Order **53**
Seniors **53**
Veterans **54**

Seniors 54

Adult Foster Homes **54**
Counseling **54**
Employment **54**
Financial Assistance **54**
Housing List (Appendix A)
Legal **54**
Medical Care **55**
Transportation **55**

Index: 56

Appendix A Affordable Housing
Area Maps

Descriptions of Key Agencies

Clatsop Community Action

Address: 364 9th St Astoria, OR 97103

Phone: (503) 325-1400

Website: www.ccaservices.org

Services provided:

- Case Management for Homeless
- Case Management for Housing Assistance Programs
- Clatsop Regional Food Bank, serving emergency food pantries and meal sites throughout Clatsop County
- Emergency Case Management
- Free Store- personal hygiene, household cleaning supplies and infant care items, available once per month
- Lifespan Respite- program that coordinates referrals for respite with caregivers of a friend or family members
Respite websites: www.networkofcare.org www.or-hcc.org
- Mail & Message Service for the homeless
- Prescription Drug Assistance- once per year, funding limited
- United Way prescription drug card
- Information & Referral Services
- Seasonal Energy Assistance
- Temporary and Transitional Rental Assistance
- Wood Lot located in Astoria, offered October-May, small fee applies

Clatsop County Health & Human Services

Address: 820 Exchange St Ste 100 Astoria, OR 97103

Phone: (503) 325-8500

Website: www.co.clatsop.or.us

Services provided: Most fees are based on a sliding scale, some services are free of charge see individual descriptions

- Babies First
 - Public health nurse monitors babies growth, development, and health and advises parents about nutrition, immunizations and learning opportunities
 - Nurse provides referral to programs and services that provide assistance
 - Open to families with children from birth to 36 months regardless of income
 - Provided at no cost to families.
 - If eligible- provided at no cost
- Care Coordination (CaCoon)
 - Public health nurse provides services to children with special health needs from birth to 21 years old
 - Services available to families regardless of income
 - Nurse makes home visits and coordinates care with child's primary doctor and specialists
 - Nurse works with family physician and other services to assist with learning about child's health and provides information about community resources that may meet child's health and medical needs
 - If eligible- provided at no cost
- Communicable Disease Control
 - Investigation
 - Screening
 - Control of diseases that endanger health of community

- Environmental Health
 - Provides food program licensing & inspection.
- Family Planning
 - Birth control
 - Emergency contraception
 - Health exams for women & men
 - Testing for infections
 - Pregnancy testing
 - Health education
 - Referrals
 - If eligible- provided at no cost
- Healthy Start
 - Welcome Baby Services- Information on community resources
 - Home Visits by the Family Support Worker & Public Health Nurse to first time parents in need of parenting support. Promote positive parent/child relationships; provide information on healthy growth, development & activities.
 - If eligible- provided at no cost
- HIV Services
 - Anonymous counseling & testing
 - Case management for HIV-positive individuals
 - If eligible- provided at no cost
- Immunizations
 - Infants
 - Children
 - Teens
 - Adults
- Maternity Case Management
 - A public health nurse can help find prenatal care, provide education on pregnancy, delivery and care of newborn, and offer support and encouragement
 - Program open to women who are pregnant and enrolled in or eligible for the Oregon Health Plan or eligible for the WIC program
 - If eligible- provided at no cost
- Sexually Transmitted Infections
 - Confidential testing
 - Confidential treatment
- Tobacco Prevention & Health Education
 - Provides educational materials, technical assistance & referrals around tobacco and other health-related issues
- Vital Statistics
 - Issue Birth certificates (within first six months)
 - Issue Death certificates (within first six months)
- Women, Infants & Children (WIC)
 - Nutrition education and supplemental food vouchers to promote good health for pregnant, breastfeeding, and postpartum women, infants and children to age 5
 - If eligible- provided at no cost

Coastal Family Health Center

Address: 2158 Exchange St Ste 304 Astoria, OR 97103

Phone: (503) 325-8315 FAX (503) 325-8602

Website: www.coastalfhc.org

Services provided:

- Adolescent healthcare
- Case management
- Discount pharmacy services
- Immunizations
- Laboratory services
- Men's healthcare
- Patient education
- Physicals
- Referrals for mental health, substance abuse, specialized care & dental care
- Well child checks
- Women's healthcare

Northwest Oregon Housing Authority

Address: 147 S Main Ave Warrenton, OR 97146

Phone: (503) 861-0119 FAX: (503) 861-0220

TDD: (800) 927-9275

Websites: www.nwoha.org

www.oraoha.org

Geographical Area Served

Clatsop, Columbia, and Tillamook Counties

Services provided:

- Affordable Housing Units (Tax Credit Housing)
- Family Self-Sufficiency Program
- Housing for Developmentally Disabled
- Housing for Elderly (Housing and Community Services)
- Housing Choice Voucher Program (Section 8)
- Housing for Mentally Ill Clients
- Moderate Rehabilitation
- Rural Housing Services Housing (FmHA)

NorthWest Senior & Disability Services

Address: 3523 hwy 101 N Gearhart, OR 97138

Phone: (503) 738-5191 or (800) 442-8614 toll free

FAX: (503) 738-7392 TTY(503) 738-8136

Website: www.nwsds.org

Services provided:

- Older American's Act Programs- for those 60 & over (eligibility requirements apply)
 - Information and Referral
 - Training programs for caregivers
 - Senior nutrition program (home delivered meals & meal site)
 - Family Caregiver Support Program
 - Senior Peer Counseling
 - Senior Health Insurance Benefits Assistance (SHIBA)
 - Alzheimer's Support Group
 - Prescription Drug Assistance
 - Legal Services
 - Oregon Project Independence (OPI) -in home care for frail seniors
- Services for seniors & people with disabilities (eligibility requirements apply)
 - Information & Referral services
 - Food stamps
 - Medicaid
 - Administers Oregon Health Plan (OHP)
 - Financial Assistance Options
 - Licensing of Adult Foster Homes
 - Assess & Evaluate service needs for placement in Nursing Facility, Adult Foster Home, Assisted Living Facility, Residential Care' Facilities
 - Provide Adult Protective Services
 - Caregiver Registry for families who want to hire a caregiver

Social Security Administration

Address: 115 W Bond St Astoria, OR 97103

Phone: (503) 325-8845 (800) 772-1213

TTY: (503) 338-6262

Website: www.ssa.gov

Services provided:

- Assist with the appeals process when someone is denied
- Issue replacement Medicare cards
- Maintain the accuracy of the earnings record for workers
- Make overpayment determinations and initiate recovery
- Make representative payee determinations
- Process applications for Medicare enrollment
- Process applications for original and duplicate Social Security Numbers
- Process applications for retirement, survivor & disability benefits including Supplemental Security Income claims
- Process change of address, phone number, and direct deposit for our beneficiaries
- Process changes of income, resources, and living arrangements for the SSI beneficiaries
- Process continuing disability reviews
- Provide benefit verifications to our beneficiaries
- Provide workers with benefit estimates to assist them with retirement decisions
- Take subsidy applications for Medicare Part D

State of Oregon Department of Human Services

Website: www.oregon.gov/DHS/

Child Welfare Programs

Address: 450 Marine Dr. Astoria, Ste 210 OR 97103

Phone: (503) 325-9179 or (503) 325-2984 (TTY) or (800) 643-4606 (Toll Free)

- Adoption services
- Foster care
- Child protective services- respond to child abuse reports

Self Sufficiency Programs

Address: 450 Marine Dr. Astoria, Ste 200 OR 97103

Phone: (503) 325-2021 or (503) 325-2984 (TTY) or (800) 643-4606 (Toll Free) **FAX** (503) 325-6506

- Food Stamp Program
- JOBS Programs
- Temporary Assistance for Needy Families (TANF)
- Administers Oregon Health Plan (OHP) & Family Health Insurance Assistance Programs (FHIAP)
- Employment Related Day Care (ERDC)

US Department of Veterans Affairs

Website: www.va.gov

For information on VA Benefits call (800) 827-1000 TDD: (800) 829-4833

Clatsop County Veterans Service Officer, Kenneth H. Rislow

Address: PO BOX 581 Astoria, OR 97103

Phone: (866) 325-2429 Message phone

Email: clatcvso@pacifier.com

www.co.clatsop.or.us

Officer on site:

- **Astoria:** Post 12, 1132 Exchange St **Tues. & Fri. 2PM-5:30PM**
- **Cannon Beach:** Post 168, 1216 SW Hemlock, **Last Wednesday of the month 6PM-7PM**
- **Seaside:** Suzanne Elise 101 Forest Dr **2nd & 4th Thursday of the month 2PM-5PM**
- Disabled by appointment, please call
- *Free* transportation to Portland: North Coast DAV Veterans Medical Transport
- *Free* transportation to Camp Rilea Community Medical Outreach Clinic

Local Veterans Employment Representative, Patrick C. Preston

Address: 450 Marine Drive Ste 110, Astoria OR 97103

Phone: (503) 325-4821 Ext. 227 (800) 643-5709 Ext. 227 **FAX:** (503) 325-2918 **TTY:** (503) 325-2894

Email: Patrick.c.preston@state.or.us

Website: www.workinginoregon.org Unemployment: (877) 877-1781

Hotline Numbers

AIDS Treatment Data Network.....	1-800-734-7104
AIDS info.....	1-800-448-0440
Al-Anon/Alateen.....	1-503-338-5688
Alcohol & Drug Treatment Referral.....	1-800-454-8966
Alcoholics Anonymous.....	1-503-861-5526
American Cancer Society.....	1-800-227-2345
Birthright.....	1-800-550-4900
Catholic Charities.....	1-800-783-5857
Caring Options Child Care & Referral.....	1-866-504-2273
Child Development & Rehabilitation Center.....	1-800-452-3563
Child Find of America.....	1-800-426-5678
Child Support Hotline.....	1-800-383-1222
Child Support Services.....	1-800-850-0228
Child Welfare Programs.....	1-800-643-4606
Clatsop Behavioral Healthcare Crisis Line.....	1-503-325-5724
Clatsop County Rental Owners Association Hotline.....	1-503-717-4654
Clatsop County Women's Resource Center Hotline.....	1-503-325-5735
Community Action Team.....	1-866-722-4951
Consumer Credit Counseling.....	1-800-338-8622
Covenant House Nine line.....	1-800-999-9999
Dial-A-Ride.....	1-800-776-6406
Drug & Alcohol Treatment & Referral Service.....	1-800-662-4357
Drug Free Work Place Help Line.....	1-800-967-5752
Employment Department Customer Info Center.....	1-800-237-3710
Eye Care America.....	1-800-222-3937
Family Health Insurance Assistance Program.....	1-888-564-9669
Federal Veteran Administration.....	1-800-827-1000
Gay Men's Health Crisis Hotline.....	1-800-243-7692
Girl Scouts.....	1-800-338-5248
Girls & Boys Town National Hotline.....	1-800-448-3000
Grief Support Group.....	1-503-338-6230
Holt International Children's Services.....	1-800-234-4658
Internal Revenue Services (IRS).....	1-800-829-1040
Legal Aid Services of Oregon Hillsboro Office- Tenant Hotline.....	1-503-648-7723
Legal Aid Services of Oregon.....	1-503-648-7163
Marijuana Anonymous.....	1-800-488-3784
Mental Crisis/Suicide Hotline.....	1-503-325-5724
Modest Means Program (Lawyer Referral Info. Services).....	1-800-452-7636
Mothers Against Drunk Driving (MADD).....	1-800-438-6233
Multiple Sclerosis Self Help Group List.....	1-800-344-4867
National Alliance for the Mentally Ill (NAMI).....	1-800-950-6264
National Center for Missing & Exploited Children.....	1-800-843-5678
National Criminal Justice Reference Service (NCJRS).....	1-800-851-3420

National Domestic Violence Hotline.....	1-800-799-7233
National Health Information Center	1-800-336-4797
National Hopeline Network (Suicide Prevention).....	1-800-784-2433
National Library Service for the Blind & Physically Handicapped	1-800-424-8567
National Org. of Social Security Claimant Representatives	1-800-431-2804
National Runaway Switchboard	1-800-786-2929
Nicotine Anonymous.....	1-503-738-3208
Northwest Oregon Housing Authority	1-888-887-4990
Northwest Regional Education Service District.....	1-888-990-7500
NorthWest Senior & Disability Services	1-800-442-8614
Open Adoption & Family Services	1-800-772-1115
Operation Lookout/National Center for Missing Youth.....	1-800-566-5688
Oregon AIDS/STD Hotline	1-800-777-2437
Oregon Brain Injury Resource Network	1-800-544-5243
Oregon Commission for the Blind.....	1-888-202-5463
Oregon Department of Veteran’s Affairs	1-800-828-8801
Oregon Disabilities Commission.....	1-800-358-3117
Oregon Gambling Help Line	1-800-233-8479
Oregon Health Plan	1-800-527-5772
Oregon Literacy Inc.....	1-800-322-8715
Oregon Poison Control.....	1-800-222-1222
Oregon Post Adoption Resource Center	1-800-764-8367
Oregon SafeNet	1-800-723-3638
Oregon State AIDS Hotline.....	1-800-777-2437
Oregon Suicide & Crisis Hotline.....	1-800-273-8255
Oregon Telephone Assistance Programs (OTAP)	1-800-848-4442
Oregon Tobacco Quit Line	1-877-270-7867
Pregnancy Resource Center Door of Hope	1-800-669-8717
Problem Solvers (Lawyer Referral).....	1-800-452-7636
Shriners	1-800-237-5055
Social Security Administration.....	1-800-772-1213
The Boys & Girls Aid Society of Oregon.....	1-800-342-6688
US Department of Education	1-800-621-3115
US Department of Veteran’s Affairs.....	1-800-828-8801
US Gambling Hotline.....	1-800-522-4700
Victims of Sex Offenders.....	1-800-551-2934
Vision USA.....	1-800-766-4466
Willamette Education Service District (migrant education).....	1-800-234-8848

Descripción de Agencias Importantes

Clatsop Community Action

Dirección: 364 9th St Astoria, OR 97103

Teléfono: (503) 325-1400

Página Internet: www.ccaservices.org

Servicios que se ofrecen:

- Boletos para el Autobús para personas que tengan citas de discapacidad, del médico, o salud mental.
- Manejo de Casos de Familias sin Hogar.
- Manejo de Casos de programas de asistencia de Vivienda.
- *Clatsop Regional Food Bank*, provee la comida en los diferentes almacenes y lugares donde ofrecen alimentos en todo el condado de Clatsop.
- Manejo de Casos de Emergencia.
- *Free Store*- una vez por mes puede obtener sin costo alguno, artículos de limpieza personal, para el hogar, y para el cuidado de bebés.
- *Lifespan Respite*- es un programa que coordina referencias para *respite* con proveedores de cuidado para un amigo o familiar.
Páginas Internet de *Respite*: www.networkofcare.org www.or-hcc.org
- Servicio de Correo y Mensajes para personas sin hogar.
- Asistencia para pagar por recetas médicas- una vez al año, fondos limitados.
- Tarjeta *United Way* para recetas médicas.
- Servicio de Información y Referencia.
- Asistencia temporal para pagar por servicios de energía (electricidad, gas).
- Asistencia temporal y de transición para pagar la renta.
- Lote de Madera en Astoria, se ofrece de Octubre a Mayo por una cuota mínima.

Servicios de Salud del Condado de Clatsop

Dirección: 820 Exchange St Ste 100 Astoria, OR 97103

Teléfono: (503) 325-8500

Página Internet: www.co.clatsop.or.us

Servicios que se ofrecen -La mayoría de las cuotas se basan en una escala acorde a los ingresos, algunos servicios son sin costo alguno, vea cada descripción:

- Bebés Primero
 - Una enfermera de salud pública monitorea el crecimiento, desarrollo, y salud del bebé, y aconseja a los padres sobre nutrición, vacunas, y oportunidades de aprendizaje.
 - Una enfermera provee información sobre programas y servicios que ofrecen asistencia.
 - Abierto a familias con niños de 0 a 36 meses independientemente de los ingresos.
 - Disponible sin costo alguno para familias.
 - Si es elegible, se provee sin costo alguno.
- Coordinación de Cuidado (CaCoon)
 - Una enfermera de salud pública provee servicios a niños con necesidades especiales de 0 a 21 años de edad.
 - Los servicios están disponibles independientemente de los ingresos de la familia.
 - La enfermera hace visitas al hogar y coordina el cuidado con el doctor y especialista de cabecera del niño.

- La enfermera trabaja con el doctor de cabecera y otros servicios para aprender sobre la salud del niño y provee información sobre recursos de la comunidad que puedan satisfacer las necesidades de salud del niño.
 - Si es elegible- se ofrece sin costo alguno.
- Control de Enfermedades Contagiosas
 - Investigación.
 - *Screening*.
 - Control de enfermedades que ponen en peligro la salud de la comunidad.
- Salud Ambiental
 - Ofrece un programa para la licencia e inspección de alimentos.
- Planeación Familiar
 - Control Natal.
 - Anticoncepción de emergencia.
 - Exámenes de salud para mujeres y hombres.
 - Pruebas para infecciones.
 - Pruebas de embarazo.
 - Educación de Salud.
 - Referencias.
 - Si es elegible, se provee sin costo alguno.
- *Healthy Start*
 - Servicios de *Welcome Baby* - Información sobre recursos en la comunidad.
 - Visitas en el Hogar por un Empleado de Apoyo Familiar y Enfermera de Salud Pública a padres primerizos que necesitan apoyo. Promover relaciones positivas entre padres e hijos, proveer información sobre crecimiento, desarrollo y actividades sanas.
 - Si es elegible, se provee sin costo alguno.
- Servicios de VIH
 - Consejería y pruebas anónimas.
 - Manejo de casos para individuos con VIH positivo.
 - Si es elegible, se provee sin costo alguno.
- Vacunas
 - Bebés.
 - Niños.
 - Adolescentes.
 - Adultos.
- Manejo de Casos de Maternidad
 - Una enfermera de salud pública puede ayudar a encontrar cuidado pre-natal, proveer educación sobre el embarazo, parto, y cuidado del recién nacido; y puede ofrecer apoyo y ánimo.
 - Este programa está disponible para mujeres que están embarazadas y que están inscritas o son elegibles para el Plan de Salud de Oregon o que son elegibles para el programa de WIC.
 - Si es elegible, se provee sin costo alguno.
- Infecciones Transmitidas Sexualmente
 - Pruebas confidenciales.
 - Tratamiento confidencial.
- Prevención del Uso del Tabaco y Educación sobre Salud
 - Proporciona materiales educativos, asistencia técnica y referencias sobre el tabaco y otros asuntos relacionados con la salud.
- Estadísticas Vitales
 - Emitir Actas de Nacimiento (en los primeros 6 meses)
 - Emitir Actas de Defunción (en los primeros 6 meses)
- Mujeres, Bebés y Niños (WIC)
 - Educación sobre Nutrición y cupones para comida suplemental para promover buena salud en mujeres embarazadas, lactando, y después del parto, y en niños de 0 a 5 años de edad.
 - Si es elegible, se provee sin costo alguno.

Centro de Salud *Coastal Family*

Dirección: 2158 Exchange St Ste 304 Astoria, OR 97103

Teléfono: (503) 325-8315 FAX (503) 325-8602

Página Internet: www.coastalfhc.org

Servicios que se ofrecen:

- Cuidado de salud para adolescentes
- Manejo de casos
- Servicios de descuento en farmacias
- Vacunas
- Servicios de Laboratorio
- Cuidado de salud para hombres
- Educación a pacientes
- Exámenes físicos
- Referencias para salud mental, abuso de sustancias, cuidado especializado, y cuidado dental
- Exámenes físicos para niños
- Cuidado de salud para mujeres

Housing Authority del Noroeste de Oregon

Dirección: 147 S Main Ave Warrenton, OR 97146

Teléfono: (503) 861-0119 FAX: (503) 861-0220

TDD: (800) 927-9275

Páginas Internet: www.nwoha.org www.oraoha.org

Area Geográfica que Abarca

Condados de Clatsop, Columbia, y Tillamook

Servicios que se ofrecen:

- Unidades de Vivienda Costeable (Tax Credit Housing)
- Programa de Auto-Suficiencia Familiar
- Vivienda para Discapacitados
- Vivienda para Ancianos (Servicios de Vivienda y Comunidad)
- Programa de Vivienda *Choice Voucher* (Sección 8)
- Vivienda para Clientes con Discapacidades Mentales III
- Rehabilitación Moderada
- Servicios de Vivienda Rurales (FmHA)

Servicios del Noroeste para Personas Mayores y Discapacitadas

Dirección: 3523 Hwy 101N Gearhart, OR 97138

Teléfono: (503) 738-5191 (800) 442-8614 (Gratis)

FAX: (503) 738-7392 TTY: (503) 738-8136

Página Internet: www.nwsds.org

Servicios que se ofrecen:

- Programa *Older American's Act*- para aquellos mayores de 60 años (hay requisitos de elegibilidad)
 - Información y Referencia
 - Programas de entrenamiento para los que ofrecen cuidado
 - Programa de nutrición para personas mayores (se entregan alimentos en casa y en ciertos lugares)
 - Programa de Apoyo para las Familias sobre los que Ofrecen Cuidado
 - Consejería a personas mayores
 - Asistencia a Personas Mayores con Beneficios de Seguro Médico (SHIBA)
 - Grupo de Apoyo para personas con Alzheimer
 - Asistencia con Recetas Médicas
 - Servicios Legales
 - Proyecto de Independencia de Oregon (OPI) -cuidado de personas mayores en el hogar
- Servicios para personas mayores y discapacitados (hay requisitos de elegibilidad)
 - Servicios de Información y Referencia
 - Estampillas de Comida
 - Ayuda médica (Medicaid)
 - Administra el Plan de Salud de Oregon (OHP)
 - Opciones sobre Asistencia Financiera
 - Da licencia a casas para el cuidado de personas mayores
 - Revisar y Evaluar necesidades de servicio para la colocación en Casa Hogar para Adultos Mayores, Ayuda con Enfermera, Lugar para *Assisted Living*, Lugar para Residir.
 - Proveer Servicios de Protección para Adultos
 - Registro de personas que ofrecen cuidado -para familias que desean contratar a alguien

Administración del Seguro Social

Dirección: 115 W Bond St Astoria, OR 97103

Teléfono: (503) 325-8845 (800) 772-1213

TTY: (503) 338-6262

Página Internet: www.ssa.gov

Servicios que se ofrecen:

- Asistir con el proceso de apelación cuando a alguien se le niega el beneficio de SSI
- Emitir reemplazo de tarjetas de Medicare
- Mantener la exactitud del record de ingresos de empleados
- Tomar determinaciones de sobre-pago e iniciar recuperación
- Tomar determinaciones de representante del que se paga
- Procesar aplicaciones para inscripción en Medicare
- Procesar aplicaciones para números de seguro social originales y duplicados
- Procesar aplicaciones para beneficios de jubilación, viudado y discapacidad, incluyendo reclamos sobre Ingresos de Seguro Suplemental
- Procesar cambio de dirección, número telefónico, y depósito directo para nuestros beneficiarios
- Procesar cambio de ingresos, recursos, y arreglos de vivienda para los beneficiarios de SSI
- Procesar evaluaciones continuas de discapacidad
- Proveer verificaciones de beneficios a nuestros beneficiarios
- Proveer a los empleados con estimaciones de beneficios para ayudarles con decisiones sobre su jubilación
- Tomar solicitudes de Medicare Parte D

Departamento de Servicios Humanos del Estado de Oregon

Dirección: 450 Marine Dr Astoria, Ste 210 OR 97103

Teléfono: (503) 325-9179 ó (503) 325-2984 (TTY) ó (800) 643-4606 (Gratis)

Página Internet: www.oregon.gov/DHS/

Servicios que se ofrecen:

Programas de Asistencia Social (Welfare) para Niños

- Servicios de Adopción
- Adopción Temporal
- Servicio de Protección de Menores –responde a reportes de abuso infantil

Programas de Auto-Suficiencia

Teléfono: (503) 325-2021 ó (503) 325-2984 (TTY) ó (800) 643-4606 (Gratis) FAX 503-325-6506

- Programa de Estampillas de Comida
- Programas de Empleos (JOBS)
- Asistencia Temporal para Familias Necesitadas (TANF)
- Administra el Plan de Salud de Oregon (OHP) y Programas de Asistencia con Seguro Médico Familiar (FHIAP)
- Guardería Relacionada con Empleo (ERDC)

Departamento de Asuntos Veteranos de los E.U.A.

Página Internet: www.va.gov

Para información sobre beneficios para veteranos, llamar al (800) 827-1000 TDD: (800) 829-4833

Oficial de Servicio para Veteranos del Condado de Clatsop, Kenneth H. Rislow

Dirección: PO BOX 581 Astoria, OR 97103

Teléfono: (866) 325-2429 Message phone

Correo electrónico: clatcvso@pacifier.com

Página Internet: www.co.clatsop.or.us

Oficial en la oficina:

- **Astoria:** Post 12, 1132 Exchange St **martes y viernes 2PM-5:30PM**
- **Cannon Beach:** Post 168, 1216 SW Hemlock, **último miércoles de cada mes 6PM-7PM**
- **Seaside:** Suzanne Elise 101 Forest Dr **el 2do y 4to jueves de cada mes 2PM-5PM**
- Para los discapacitados, llamar para hacer una cita
- Transporte gratis a Portland: *North Coast DAV Veterans Medical Transport*
- Transporte gratis a *Camp Rilea Community Medical Outreach Clinic*

Representante de Empleo de Veteranos Locales, Patrick C. Preston

Dirección: 450 Marine Drive Ste 110, Astoria OR 97103

Teléfono: (503) 325-4821 Ext. 227 (800) 643-5709 Ext. 227 FAX: (503) 325-2918 TTY: (503) 325-2894

Correo electrónico: Patrick.c.preston@state.or.us

Página Internet: www.workinginoregon.org Desempleo: (877) 877-1781

Números Telefónicos Importantes

Red de Información para el Tratamiento del SIDA.....	1-800-734-7104
Información sobre SIDA.....	1-800-448-0440
Al-Anon/Alateen.....	1-503-338-5688
Referencia para Tratamiento de Alcohol y Drogas.....	1-800-454-8966
Alcohólicos Anónimos.....	1-503-861-5526
Sociedad Americana del Cáncer.....	1-800-227-2345
Derecho por Nacimiento.....	1-800-550-4900
Caridades Católicas.....	1-800-783-5857
Opciones y Referencia para Guardería.....	1-866-504-2273
Centro de Rehabilitación y Desarrollo Infantil.....	1-800-452-3563
Encontrando Niños en América.....	1-800-426-5678
Línea de Ayuda para el Apoyo Infantil.....	1-800-383-1222
Servicios de Apoyo Infantil.....	1-800-850-0228
Programas de Bienestar (<i>Welfare</i>) para Niños.....	1-800-643-4606
Línea de Crisis del Cuidado del Comportamiento en Clatsop.....	1-503-325-5724
Línea de la Asociación de Dueños de Vivienda para Rentar en el Condado de Clatsop.....	1-503-717-4654
Línea del Centro de Recursos para Mujeres del Condado de Clatsop.....	1-503-325-5735
Grupo de Acción Comunitaria.....	1-866-722-4951
Consejería de Crédito del Consumidor.....	1-800-338-8622
Línea de <i>Covenant House Nine</i>	1-800-999-9999
<i>Dial-A-Ride</i> (Información sobre la ruta del autobús urbano).....	1-800-776-6406
Servicio del Tratamiento y Referencia de Drogas y Alcohol.....	1-800-662-4357
Línea de Ayuda para un Lugar de Empleo Libre de Drogas.....	1-800-967-5752
Centro de Información del Departamento de Empleo.....	1-800-237-3710
Cuidado de los Ojos de América.....	1-800-222-3937
Programa de Asistencia para el Seguro Médico Familiar.....	1-888-564-9669
Administración Federal de Veteranos.....	1-800-827-1000
Línea de Crisis para Hombres <i>Gay</i>	1-800-243-7692
<i>Girl Scouts</i>	1-800-338-5248
Línea Nacional de <i>Girls & Boys Town</i>	1-800-448-3000
Grupo de Apoyo para los que guardan Luto.....	1-503-338-6230
Servicios Infantiles <i>Holt International</i>	1-800-234-4658
Impuestos - <i>Internal Revenue Services (IRS)</i>	1-800-829-1040
Oficina en Hillsboro de Servicios Legales de Oregon- Línea de Inquilinos.....	1-503-648-7723
Servicios Legales de Oregon.....	1-503-648-7163
Marihuana Anónimos.....	1-800-488-3784
Línea de Crisis Mental/Suicidio.....	1-503-325-5724
Programa de Recursos Modestos (Servicio de Info. de Abogados).....	1-800-452-7636
Madres en Contra de Manejando Tomado (MADD).....	1-800-438-6233
Lista del Grupo de Auto-Ayuda para Esclerosis Múltiple.....	1-800-344-4867
Alianza Nacional para <i>Mentally Ill</i> (NAMI).....	1-800-950-6264
Centro Nacional para Niños Extraviados y Explotados.....	1-800-843-5678
Servicio Nacional de Referencia de Justicia Criminal (NCJRS).....	1-800-851-3420

Línea Nacional de Violencia Doméstica	1-800-799-7233
Centro Nacional de Información de Salud	1-800-336-4797
Línea de la Red Nacional de Esperanza (Prevención de Suicidio).....	1-800-784-2433
Servicio Nacional de Biblioteca para los Ciegos y Discapacitados Físicamente ..	1-800-424-8567
Representantes de Reclamos de la Org. Nacional del Seguro Social	1-800-431-2804
Línea Nacional para los que Huyen de Casa (<i>Runaways</i>)	1-800-786-2929
Nicotina Anónimos	1-503-738-3208
Autoridad de Vivienda del Noroeste de Oregon.....	1-888-887-4990
Servicio de Educación Regional del Noroeste	1-888-990-7500
Servicio para Personas Mayores y Discapacitadas del Noroeste.	1-800-442-8614
Servicios de Adopción Abierta y Familiares	1-800-772-1115
Operación <i>Lookout</i> /Centro Nacional para Jóvenes Extraviados..	1-800-566-5688
Línea de Ayuda para el SIDA/STD de Oregon.....	1-800-777-2437
Red de Recursos de Oregon para el Daño Cerebral.....	1-800-544-5243
Comisión de Oregon para los Ciegos	1-888-202-5463
Departamento de Asuntos Veteranos de Oregon.....	1-800-828-8801
Comisión de Discapacidades de Oregon	1-800-358-3117
Línea de Ayuda para la Adicción al Juego (<i>Gambling</i>).....	1-800-233-8479
Plan de Salud de Oregon	1-800-527-5772
Alfabetismo de Oregon Inc	1-800-322-8715
Control de Veneno de Oregon	1-800-222-1222
Centro de Recursos de Post-Adopción de Oregon	1-800-764-8367
Oregon <i>SafeNet</i>	1-800-723-3638
Línea del SIDA del Estado de Oregon.....	1-800-777-2437
Línea de Crisis y Suicidio de Oregon	1-800-273-8255
Programas de Asistencia Telefónica de Oregon (OTAP).....	1-800-848-4442
Línea de Ayuda de Oregon para dejar el Tabaco	1-877-270-7867
Centro de Recursos para Embarazadas 'Puerta de Esperanza'	1-800-669-8717
Resolución de Problemas (Referencia de Abogados)	1-800-452-7636
Shriners	1-800-237-5055
Administración del Seguro Social.....	1-800-772-1213
Sociedad de Ayuda para Niños y Niñas de Oregon.....	1-800-342-6688
Departamento de Educación de los E.U.A.	1-800-621-3115
Departamento de Asuntos Veteranos de los E.U.A.....	1-800-828-8801
Línea de Ayuda para la Adicción al Juego en los E.U.A.....	1-800-522-4700
Víctimas de Delincuentes Sexuales	1-800-551-2934
Visión USA.....	1-800-766-4466
Distrito de Servicio de Educación de Willamette (educación migrante)..	1-800-234-8848

Resources

Community

Clothing Banks-Community

Astoria Rescue Mission
62 W Bond (P0 BOX 114)
Astoria, OR 97103
(503) 325-6243
www.rescuemission.com

Provides clothing free of charge to anyone who has a need.

Coast Rehab Thrift Store
1062 Marine Drive
Astoria, OR 97103
(503) 325-1011

Not for profit business that supports the activities of Coast Rehabilitation Services.
Sells used household & clothing items.

Women's Resource Center Déjà vu Thrift Shop
1030 Duane St
Astoria, OR 97103
(503) 325-3426 **24 hr. Crisis Line** (503) 325-5735
FAX: (503) 325-7101 **Déjà vu** (503) 325-8624
www.ccwrc.net

Not-for-profit business that supports the activities of Clatsop County Women's Resource Center. Sells used clothing, books, furniture, small appliances & assorted household items.

Recreational Activities-Community

Astoria Public Library
450 10th St
Astoria, OR 97103
(503) 325-7323
www.astorialibrary.org

Free book check out for Astoria residents.
Annual or monthly fees apply to those living outside city limits.
Children & youth reading programs available.

Astoria Aquatic Center
1997 Marine Drive
Astoria, OR 97103
(503) 325-7027
www.swimastoria.com

Provides year-round swimming in an indoor pool, as well as swimming lessons for children & adults.
Membership fee applies.

Astoria Children's Museum
2968 Marine Drive
Astoria, OR 97103
(503) 325-8669

Provides recreational activities for children
Entrance fee applies.

Astoria Parks & Recreation
1095 Duane
Astoria, OR 97103
(503) 325-7275
www.astoria.or.us

Provides a wide variety of activities for all age groups.
Fees Apply.
Scholarships available.

<p>Astoria Senior Center 1111 Exchange Astoria, OR 97103 (503) 325-3231</p>	<p>Activities for seniors including exercise, bingo, bridge pinochle & movies.</p>
<p>Bob Chisholm Community & Senior Center 1225 Avenue A Seaside, OR 97138 (503) 738-7393 www.sunsetempire.com</p>	<p>Provides a variety of activities for all age's including a pool & exercise room. Information and Referral Services</p>
<p>Boy Scouts of America 407 Floral St Astoria, OR 97103 (503) 325-5108 www.cpbsa.org</p>	<p>Prepares boys 7-20 & girls 14-20 to make ethical & moral choices over their lifetime by instilling the values of the Scout Oath & Law; learned through services, mentoring, leadership development, citizenship & other fun methods.</p>
<p>Camp Kiwanilong (503) 738-9783</p>	<p>Provides summer camp opportunities for youth.</p>
<p>Flavel House Museum 441 8th St Astoria, OR 97103 (503) 325-2203 www.cumtux.org</p>	<p>Historical Queen Anne Victorian Home, tours available. Entrance fee applies.</p>
<p>Clatsop Community College (Library) 1653 Jerome Astoria, OR 97103 (503) 338-2462 www.clatsopcollege.com</p>	<p>Non-students may check out books from library. Annual/Quarterly fee applies.</p>
<p>Columbia River Maritime Museum 1792 Marine Drive Astoria, OR 97103 (503) 325-2323 www.crm.org</p>	<p>Has interactive exhibits that combine history with cutting-edge technology and numerous museum acquisitions. Entrance fee applies.</p>
<p>4-H OSU Extension Service 2001 Marine Drive Astoria, OR 97103 (503) 325-8573 http://oregon.4h.oregonstate.edu</p>	<p>Hands-on educational, social & leadership development program for youth. Offers learning opportunities such as cooking, sewing, gardening, engineering, art, raising animals & natural sciences.</p>
<p>Ft. Clatsop National Memorial 92343 Fort Clatsop Road Warrenton, OR 97103 (503) 861-2471 fortclatsop.areaparks.com</p>	<p>Replica of the fort where Lewis & Clark expedition camped for the winter.</p>
<p>Ft Stevens State Park Hammond, OR 97121 (503) 861-1671 www.visitstevens.com</p>	<p>Covered picnic areas available, single unit camping as well as large group facilities; open year round. Offers Lake swimming, hiking, biking trails & fishing & ocean beaches.</p>

<p>Girl Scouts (800) 338-5248 www.girlscouts.org</p>	<p>Provides positive leadership, mentoring & community service opportunities for girls.</p>
<p>Heritage Museum 1618 Exchange St Astoria, OR 97103 (503) 338-4849 www.cumtux.org</p>	<p>Regional museum for Clatsop County. Has exhibits on geology, natural history, industry & people of the area.</p>
<p>Lower Columbia Bowl 826 Marine Drive Astoria, OR 97103 (503) 325-3321</p>	<p>Provides balls, shoe rentals, videos & bumper bowling. Call ahead of time to confirm that league game is not taking place.</p>
<p>Lower Columbia Youth Soccer Association (503) 861-4062 www.lcysasoccer.com</p>	<p>Provides soccer recreational opportunities for local youth.</p>
<p>Recreation Lanes Restaurant & Lounge 3518 Highway 101 N Gearhart, OR 97138 (503) 738-5333 www.shopseaside.com/eb/eb.html</p>	<p>Bowling Alley & Restaurant.</p>
<p>Seaside Museum 570 Necanicum Dr Seaside, OR 97138 (503) 738-7065 www.seasidemuseum.org</p>	<p>Has exhibits on Native Americans, history of Seaside, industry in the area, trains & the Seaside Signal. Entrance fee applies.</p>
<p>Seaside Public Library 60 N. Roosevelt Drive Seaside, OR 97138 (503) 738-6742 www.seasidelibrary.org</p>	<p>No charge for those who live in the Seaside city limits.</p>
<p>Seaside Youth Center 1140 Broadway Seaside, OR 97138 (503) 738-3311 www.sunsetempire.com</p>	<p>Offers a variety of activities for youth & adults. Call or visit their website for more information.</p>
<p>Sunset Empire Park & Recreation 1140 Broadway Seaside, OR 97138 (503) 738-3311 www.sunsetempire.com</p>	<p>Provides a wide variety of activities for all age groups. Fees Apply. Scholarships available.</p>
<p>Uppertown Firefighters Museum 2968 Marine Drive Astoria, OR 97103 (503) 325-0920 www.cumtux.org</p>	<p>Has an extensive collection of firefighting equipment & photos of Astoria's fire.</p>
<p>Warrenton Community Library 861 Pacific Drive Warrenton, OR 97146 (503) 861-3919</p>	<p>Book check-out is free to residents of Warrenton & Hammond.</p>

Safety-Community

AAA Automobile Club

135 S. Hwy 101
Warrenton, OR 97146
(503) 861-3118
www.aaa.com

Provides a 30-day maximum loan of car seats to members.

American Red Cross-Clatsop County

1054 Exchange
Astoria, OR 97103
(503) 325-4721
www.redcross-pdx.org

Provides CPR & First Aid training.
Fees involved, scholarships available.

Astoria Fire Department

555 30th St
Astoria, OR 97103
(503) 325-4237

Provides free fire prevention education classes for kids.
Holds fire extinguisher classes for local business owners.
Does fire safety & car seat safety inspections.

Astoria Police Department

555 30th St
Astoria, OR 97103
(503) 325-4411

Cannon Beach Police Department

163 E Gower
Cannon Beach, OR 97110
(503) 436-2811

Gearhart Fire Department

698 Pacific Way
Gearhart, OR 97138
(503) 738-7838

Gearhart Police Department

698 Pacific Way
Gearhart, OR 97138
(503) 738-5501

North Coast Safe Kids Coalition

Astoria Fire Department
555 30th St
Astoria, OR 97103
(503) 325-2345

Provides life jacket loaner program, car seats at low cost to those who meet requirements, bicycle helmets to those who meet eligibility requirements, water safety classes, fire arm safety clinics & fire safety classes.

Oregon State Police

13 Portway
Astoria, OR 97103
(503) 325-5515
<http://egov.oregon.gov/OSP/>

Seaside Fire & Rescue

150 S. Lincoln
 Seaside, OR 97138
 (503) 738-5420
www.seasidefire.com

Provides free fire prevention education for children
 Provide fire extinguisher classes to local business owners.

Seaside Police Department

1091 S Holladay
 Seaside, OR 97138
 (503) 738-6311
www.seasidepd.org

Warrenton Fire Department

225 S Main
 Warrenton, OR 97146
 (503) 861-2494

Provides free fire prevention education for children.
 Provides fire extinguisher classes to local business owners.

Warrenton Police Department

147 S Main
 Warrenton, OR 97146
 (503) 861-2235

Transportation-Community**Astoria Senior Center**

1111 Exchange
 Astoria, OR 97103
 (503) 325-3231

Weekly transportation to Grocery Stores provided.
 Small Fee required.

Cannon Beach Shuttle

(503) 436-1581

Provides free transportation 7 days a week from Cannon Beach to Tolovana Park

Dial-A-Ride

465 NE Skipanon
 Warrenton, OR 97146
 (503) 861-7433
 (800) 776-6406
 (800) 452-0402 TDD
www.ridethebus.org

Provides county-wide transportation for seniors & disabled persons.
 Fare applies & varies on destination.
 Handicapped accessible vehicles available
 Call 48 hours ahead of time to schedule

Northwest Ride Center

465 NE Skipanon
 Warrenton, OR 97146
 (503) 861-7433
 (866) 811-1001 Toll Free
 TDD (800) 452-0402
www.ridethebus.org

Provides medical transportation to Oregon Health Plan Plus Members
 Must call 2 working days in advance.
 Offered free of charge.

Sunset Empire Transit System

465 NE Skipanon Drive
 Warrenton, OR 97146
 (503) 861-7433
 (800) 776-6406
 (800) 452-0402 TDD
www.ridethebus.org

Provides transportation in Clatsop County.
 Fees apply.

Disability Services

Adult Foster Homes

Angel Adult Foster Home

3579 Harrison Ave
Astoria, OR 97103
(503) 325-6206

Bay View Care

1912 SE Front St
Astoria, OR 97103
(503) 325-4751

Draper Senior Care

690 Jerome
Astoria, OR 97103
(503) 325-0565

Hearts Care

296 Tyee St
Hammond, OR 97121
(503) 861-2518

Joyce Graber

501 Railroad Ave
Gearhart, OR 97138
(503) 738-6714

Judy Shoop's AFH

52 NW Birch Ct
Warrenton, OR 97146
(503) 861-2535

Martin's Foster Home

91180 Hwy 101
Warrenton, OR 97146
(503) 861-0356

Riverview Place

940 Ridge Dr
Astoria, OR 97103
(503) 325-3252

St Anne's AFH

1164 Irving Ave
Astoria, OR 97103
(503) 338-6922

Tammy's Adult Foster Care

1030 N Roosevelt
Seaside, OR 97138
(503) 717-1514

Teresa Nichols
37671 Timber Lane
Astoria, OR 97103
(503) 325-5634

Winter Light
4777 Cedar St
Astoria, OR 97103
(503) 325-3177

Case Management

**Developmental Disabilities
Columbia Community Mental Health**
10 Pier 1, Ste 308
PO Box 630
Astoria, OR 97103 (503) 325-1588
www.co.clatsop.or.us

Provides referral to comprehensive group home care, adult foster care, supported living & vocational facilities

NorthWest Senior & Disability Services
Gearhart
(503) 738-5191 (503) 738-8136 (TTY)
www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided

Education

Astoria School District
785 Alameda
Astoria, OR 97103
(503) 325-0476
www.astoriaschools.org

Provides testing & educational services for children ages 5-21 who may be developmentally disabled or have special needs

Clatsop County Early Childhood Special Education (ESD)
3194 Marine Drive
Astoria, OR 97103
(503) 325-2862
www.nwresd.k12.or.us

Administer the Early Childhood Special Education programs for children with disabilities, ages birth thru five years

Jewell School District
83874 Hwy 103
Seaside, OR 97138
(503) 755-2451
www.jewell.k12.or.us

Provides testing & educational services for children ages 5-21 who may be developmentally disabled or have special needs

Knappa School District
41535 Old Hwy 30
Astoria, OR 97103
(503) 458-5993
www.knappa.k12.or.us

Provides testing & educational services for children ages 5-21 who may be developmentally disabled or have special needs

Northwest Regional Education Service District (ESD)

3194 Marine Drive
Astoria, OR 97103
(503) 325-2862

www.nwresd.k12.or.us

Administers programs for children ages birth to 5 who are at risk of developing or who already have documented developmental disabilities

Seaside School District

1801 S. Franklin
Seaside, OR 97138
(503) 738-5591

www.seaside.k12.or.us

Provides testing & educational services for children ages 5-21 who may be developmentally disabled or have special needs

Warrenton-Hammond School District

820 SW Cedar
Warrenton, OR 97146
(503) 861-2281

www.whsd.k12.or.us

Provides testing & educational services for children ages 5-21 who may be developmentally disabled or have special needs.

Employment

Coast Rehabilitation Services

65 N. Hwy 101
Ste 205
Warrenton, OR 97146
(503) 861-3372 FAX (503) 861-3476

www.coastrehab.org

Employment services training for developmentally disabled adults. Provides 24HR care in 17 residential sites.

Oregon Commission for the Blind

535 SE 12th St
Portland, OR 97214
(888) 202-5463 FAX (971) 673-1570

www.cfb.state.or.us

Offer a vocational rehabilitation center

Oregon Vocational Rehabilitation Services

450 Marine Dr
Suit 100
Astoria, OR 97103
(503) 325-7335
(877) 277-0513
(503) 945-5894 TTY

www.oregon.gov/DHS/

Provides employment opportunities to those with documented disabilities that keep you from doing the work you were trained to do

Financial Assistance

NorthWest Senior & Disability Services

Gearhart
(503) 738-5191 (503) 738-8136 (TTY)

www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided

Healthcare

Elks Children's Eye Clinic Program

3375 SW Terwilliger Blvd
Portland, OR 97201
(503) 494-7675

www.ohsu.edu/health/clinics-and-services.org

For children ages newborn-19 with medical problems related to the eye, Must first be referred by local Elks lodge.
Fee for services may be reduced.

NorthWest Senior & Disability Services

Gearhart
(503) 738-5191 (503) 738-8136 (TTY)

www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Shriners

3101 SW Sam Jackson Park Road
Portland, OR 97239-3009
(800) 237-5055

www.shrinershq.org/shc/portland/

Provides orthopedic care to children at no charge.
Must be under 18 & have a reasonable possibility the condition can be helped.

The ARC of Oregon

1745 State St
Salem, OR 97301
(877) 581-2726 FAX (503) 363-7168

www.arcoregon.org

Provides advocacy programs & services for individuals with intellectual disabilities & their families

Housing (Appendix A)

Legal

Fair Housing Council of Oregon

1020 SW Taylor St.
Portland, OR 97205
(800) 424-3247

www.fhco.org

A statewide civil rights organization for those believing they have been discriminated against for any of the following reasons: gender, race, color, religion, origin or disabilities.

National Organization of Social Security Claimants' Representatives

560 Sylvan Ave
Englewood Cliffs, NJ 07632
(800) 431-2804

www.nosscr.org

Must have a claim dispute involving Social Security Disability.
Potential lawyer fee & percentage of award received.

NorthWest Senior & Disability Services

Gearhart
(503) 738-5191 (503) 738-8136 (TTY)

www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Oregon Disabilities Commission

1257 Ferry SE
Salem, OR 97310
(800) 358-3117 TTY

www.oregon.gov/DHS/dd

Advocate on behalf of Oregonians with disabilities.

The Arc of Oregon
1745 State St
Salem, OR 97301
(877) 581-2726
www.arcoregon.org

Provides advocacy programs & services for individuals with intellectual disabilities & their families.

Medical Care

Elks Children's Eye Clinic Program
3375 SW Terwilliger Blvd
Portland, OR 97201
(503) 494-7675 (888) 222-6478

For children ages newborn-19 with medical problems related to the eye.
Must be referred by local Elks lodge or primary care physician.
Fee for services may be reduced.

NorthWest Senior & Disability Services
Gearhart
(503) 738-5191 (503) 738-8136 (TTY)

See *Descriptions of Key Agencies* for office location & description of services provided.

Oregon Brain Injury Resource Network
345 N. Monmouth Ave.
Monmouth, OR 97361
(503) 413-7707
www.tr.wou.edu

Provides access to information & services for individuals with brain injury, their families & the professionals who serve them.
The Resource Network houses information on all aspects of brain injury, from the point of initial injury throughout the life span of the individual.

Shriners Hospitals for Children
3101 SW Sam Jackson Park Road
Portland, OR 97239
(800) 237-5055
www.shrinershq.org/shc/portland/conditions

Provides orthopedic care to children at no charge.
Must be under 18 & have a reasonable possibility the condition can be helped.

Services

Child Development & Rehabilitation Center
707 SW Gaines
Portland, OR 97239
(800) 452-3563
www.ohsu.edu/outreach/cdrc

Uses Family Centered, interdisciplinary approach to care, specializing in diagnosis, assessment, and intervention related to disorders affecting development.

Clatsop Community Action
364 9th St
Astoria, OR 97103
(503) 325-1400
www.ccaservices.org

Administers a Lifespan Respite program which coordinates respite for caregivers of friends or family members.

Elks Ste1748
324 Ave A
Seaside, OR 97138
(503) 738-6651
www.elks.org

Will loan wheelchairs, walkers & crutches, raised toilet seats, canes
Call first for availability.

National Alliance for the Mentally Ill (NAMI) -Oregon
3550 SE Woodward St
Portland, OR 97202
(800) 343-6264
www.nami.org/sites/NAMIOregon

A statewide grassroots organization dedicated to improving the quality of life for individuals with mental illness & their families through support, education, & advocacy.

NorthWest Senior & Disability Services

Gearhart
(503) 738-5191 (503) 738-8136 (TTY)
www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Oregon Commission for the Blind

535 SE 12th St
Portland, OR 97214
(888) 202-5463
www.oregon.gov/blind

Resources for visually impaired Oregonians, as well as their families, friends, and employers, to ultimately lead to successful employment, independent living and social self-sufficiency.

Oregon Disabilities Commission

1257 Ferry SE
Salem, OR 97310
(800) 358-3117 TTY
www.oregon.gov/dhs.dd

Provides information regarding rehabilitation services.

Oregon Helps

www.oregonhelps.org

Fill out the information on their website & find out what assistance programs are available to you.

Oregon Vocational Rehabilitation Services

450 Marine Dr
Ste 100
Astoria, OR 97103
(503) 325-7335
(877) 277-0513
(866) 801-0146 TTY
www.oregon.gov/DHS/

Provides employment opportunities to those with documented disabilities that keep people from doing the work they were trained to do.

Social Security Administration

115 W Bond
Astoria, OR 97103
(503) 325-8845 (800) 772-1213
(503) 338-6262 (TTY)
www.ssa.gov

Provides assistance with filing Social Security Disability & Supplemental Security Income benefits.

The Arc of Oregon

1745 State St
Salem, OR 97301
(877) 581-2726
www.arcoregon.org

Provides advocacy programs & services for individuals with intellectual disabilities & their families.

Transportation

Dial-A-Ride

465 NE Skipanon
Warrenton, OR 97146
(503) 861-5385
(800) 776-6406
(800) 452-0402 TDD
www.ridethebus.org

Provides county-wide transportation for seniors & disabled persons. Charges based on destination. Handicapped accessible vehicles available. Call 48 hours ahead of time to schedule.

Northwest Ride Center

465 NE Skipanon
Warrenton, OR 97146
(503) 861-0657
(800) 776-6406 (800) 452-0402 TDD

Provides medical transportation to Oregon Health Plan OHP Plus Members. Call 2 working days in advance. Fee.

Education

Career Planning-Education

Carl Perkins Program

Clatsop Community College
1653 Jerome
Astoria, OR 97103
(503) 338-7675
www.nceducation.net

Career assessment, planning & information for high school age students who meet targeted.

Financial Assistance-Education

US Dept of Education

(800) 621-3115
www.ed.gov/about/list/fsa

Provides financial assistance programs for education.

GED Testing- Education

Management Training Corps (MTC)

450 Marine Drive Ste 140
Astoria, OR 97103
(503) 325-9511 FAX: (503) 325-9520
TTY: (503) 325-5375
www.mtcworks.com/clatsop.html

Will provides assistance for adult education & GED testing. Must meet eligibility guidelines.

Tongue Point Job Corps Center

37573 Old Highway 30
Astoria, OR 97103
(503) 325-2131 FAX (503) 325-5375
www.tonguepoint.jobcorps.gov/more/education.html

Program for 16-24 year olds that provides assistance with attaining high school diploma or GED, teaches a trade & provides job experience.

Hispanic Services-Education

Clatsop Community College

1653 Jerome, Fertig Hall Room 24
Astoria, OR 97103
(503) 325-2336
www.clatsopcc.edu/info/special_programs.html

Offers classes in English as a Second Language (ESL).

Willamette Education Service District- Oregon Migrant Education Service Center

(800) 234-8848
www.willamesd.k12.or.us/omesc/omesc_home.asp

For migrant families to call when they arrive in a new area.

Preschool-Education

Seaside Head Start Child & Family Development

1225 2nd Ave (PO Box 263)
Seaside, OR 97138
(503) 738-0873 FAX (503) 738-5912
www.nworheadstart.org/seaside_center.htm

Preschool program for those who meet income guidelines &/or special needs children ages 3-5. Includes Seaside, Gearhart & Cannon Beach, call for additional information.

Warrenton/Astoria Head Start- Child & Family Development

200 SW 3rd (PO Box 1163)

Warrenton, OR 97146

(503) 861-9681 FAX (503) 861-9775

www.nworheadstart.org/warrenton_center.htm

Preschool program for those who meet income guidelines &/or special needs children ages 3-5. Call for more info.

Safety-Education

Astoria Fire Department

555 30th

Astoria, OR 97103

(503) 325-4237

Provides free fire prevention education classes for Pre K-5th graders. Holds fire extinguisher classes for local business owners. Does fire safety & car seat safety inspections.

Seaside Fire & Rescue

150 S. Lincoln

Seaside, OR 97138

(503) 738-5420

Provides free fire prevention education for children. Provides fire extinguisher classes to local business owners.

Secondary Education-Education

Clatsop Community College

1653 Jerome

Astoria, OR 97103

(503) 325-0910

www.clatsopcollege.com

A public, two-year institution serving northwest Oregon & southwest Washington. Offers instruction & training in liberal arts & sciences, professional technical fields, continuing education, developmental education, & general education.

Oregon State University Extension Office

2001 W. Marine Drive

Astoria, OR 97103

(503) 325-8573

<http://extension.oregonstate.edu/index.php>

Classes &/or information on life skills like farming, fishing, forestry, food preservation, cooking, nutrition, parenting, financial management, gardening & more

The Biz Center

Clatsop Community College

1455 N Roosevelt

Seaside, Oregon 97138

(503) 738-3346

www.clatsopcollege.com/DEPT/CE/BIZCENTER/index.html

Supporting business creation, development & improvement through training, information & counseling.

Support Services-Education

Educational Talent Search

Clatsop Community College

1653 Jerome

Astoria, OR 97103

(503) 338-2370

www.clatsopcollege.com

Serves first generation low income 6th-12th grade going into post secondary education.

Provide support to help navigate them through primary school & into college.

Lives in Transition (LIT)

Clatsop Community College

1653 Jerome

Astoria, OR 97103

(503) 338-2377

www.clatsop.cc.or.us/LIT2/

An educational support program for single parents, previous homemakers, low-skilled job workers, the recently widowed or divorced, anyone with a desire to complete a GED or change careers & recovering drug & alcohol addicts.

Visit the website for more information on the program.

Oregon Literacy Inc.

1001 SW Fifth Ave
 Ste 320
 Portland, OR 97204
 (503) 244-3898
 (800) 322-8715

www.oregonliteracy.org

Provides help for adult learners who want to increase their knowledge of basic skills like; reading, writing, spelling & math, & learn their GED or learn English as a Second Language (ESL). Their 800 number is also a statewide referral service for volunteers who want to work with adult learners in helping them learn basic skills.

Plus Program

Clatsop Community College
 1653 Jerome
 Astoria, OR 97103
 (503) 338-2346

www.clatsopcollege.com

Provides assistance to CCC admitted, degree seeking students with academics, tutoring, transferring planning, personal counseling, cultural & social activities. Must be low income, first generation college or disabled.

Upward Bound Program

Clatsop Community College
 1653 Jerome
 Astoria, OR 97103
 (503) 338-2370

www.clatsopcollege.com

Serve first generation low income 9th-12th grade students going into post secondary education. Provide support to help navigate them through high school & into college

Tutoring-Education**Oregon Literacy Inc.**

1001 SW Fifth Ave
 Ste 320
 Portland, OR 97204
 (503) 244-3898
 (800) 322-8715

www.oregonliteracy.org

Provides help for adult learners who want to increase their knowledge of basic skills including; reading, writing, spelling & math, & to earn their GED or learn English as a Second Language (ESL). Their 800 number is also a statewide referral service for volunteers who want to work with adult learners in helping them learn basic skills.

SMART Reader Program

(503) 738-5161

Volunteer program to assist children in building reading skills.

Volunteer Literacy Program

Clatsop Community College
 1653 Jerome
 Astoria, OR 97103
 (503) 338-2336

www.clatsopcollege.com

Free tutoring services for adult basic & non-readers or non-English speaking students. May enter into the program at any time.

Emergency Services**Astoria Police Department**

555 30th St
 Astoria, OR 97103
 (503) 325-4411

Cannon Beach Police Department

163 E Gower
 Cannon Beach, OR 97110
 (503) 436-2811

www.ci.cannon-beach.or.us

Clatsop County Sheriff's Office355 7th St

Astoria, OR 97103

(503) 325-8635 or (503) 325-8645

www.co.clatsop.or.us**Gearhart Police Department**

698 Pacific Way

Gearhart, OR 97138

(503) 738-5501

Oregon State Police

13 Portway

Astoria, OR 97103

(503) 325-5515

<http://egov.oregon.gov/OSP/>**Seaside Police Department**

1091 S Holladay

Seaside, OR 97138

(503) 738-6311

Warrenton Police Department

147 S Main

Warrenton, OR 97146

(503) 861-2235

Crisis Hotlines-Emergency Services**Clatsop Behavioral Health Care****Care Crisis Line**

(503) 325-5724

Hotline available 24/7, for those having mental health crisis.

Clatsop County Women's Resource Center

1010 Duane St. Ste 207

Astoria, OR 97103

(503) 325-3426 **24 hr. Crisis Line** (503) 325-5735**FAX:** (503) 325-7101 **Déjà vu** (503) 325-8624www.ccwrc.net

Available 24/7 for people experiencing domestic violence, abuse or sexual assault.

Domestic Violence-Rape Response Emergency Services**Clatsop County Circuit Court Family Resource Center**

749 Commercial St

Astoria, OR 97103

(503) 325-8555 Ext 319

www.ojd.state.or.us/clt/family_court.html

Provides assistance with family law procedures & completion of forms, including restraining orders, on a drop-in basis.

Clatsop County Women's Resource Center

1010 Duane St, Ste 207

Astoria, OR 97103

(503) 325-3426 **24 hr. Crisis Line** (503) 325-5735**FAX:** (503) 325-7101 **Déjà vu** (503) 325-8624www.ccwrc.net

Assists survivors of domestic violence or sexual assault. After normal business hours call 24hr. hotline.

National Domestic Violence Hotline
(800) 799-7233
(800) 787-3224 (TTY)
www.ndvh.org

Provides information on nationwide shelters & service providers available for victims, friends & family who call for help.
Operates 24 hours a day in over 150 languages.

Victims of Sex Offenders
(800) 551-2934

Offers counseling & support to victims. Must have victim ID number which can be attained at the District Attorney's Office.

Emergency Medical Care-Emergency Services

Columbia Memorial Hospital
2111 Exchange
Astoria, OR 97103
(503) 325-4321
(800) 962-2407
www.columbiamemorial.org

Providence Seaside Hospital
725 S Wahanna Rd
Seaside, OR 97138
(503) 717-7000
www.providence.org/northcoast/seaside_hospital/

Energy & Utility Assistance-Emergency Services

Clatsop Community Action
364 9th St
Astoria, OR 97103
(503) 325-1400
www.ccaservices.org

Administers seasonal energy assistance program.
Not available for water bills.
Assistance only available once per year.
Must have a shut-off notice.
Eligibility requirements apply.

**Community Action Team
Clatsop County Office:**
818 Commercial St Ste 201
(503) 325-9215
St Helens Office
310 Columbia Blvd
St Helens, OR 97051
(503) 397-3511
(866) 722-4951
www.columbia-center.org/cat/

Administers the Low Income Energy Assistance Program (LIEAP).
Eligibility requirements apply.

Natural Disaster-Emergency Services

American Red Cross-Clatsop County
1054 Exchange
Astoria, OR 97103
(503) 325-4721
www.redcross-pdx.org

Provides comfort & care to victims, secure temporary shelters, snack or meals, address First Aid needs, offer crisis counseling & helps with recovery planning

Shelter-Emergency Services

Astoria Rescue Mission
62 W Bond (PO BOX 114)
Astoria, OR 97103
(503) 325-6243
www.rescuemission.com

Provides emergency food, clothing and shelter for the Women's House, and for the Men's House, in a Christian based environment

Clatsop County Women's Resource Center
1010 Duane St Ste 207
Astoria, OR 97103
(503) 325-3426 **24 hr. Crisis Line** (503) 325-5735
FAX: (503) 325-7101 **Déjà vu** (503) 325-8624
www.ccwrc.net

Providing safe housing for victims of domestic violence or sexual assault

Hideaway Inn & Hostel
443 14th St
Astoria, OR 97103
(503) 325-6989
www.hideawayinnandhostel.com

Rooms available by the day, week & month

Clatsop County Women's Resource Center's Pioneer House
76 W. Bond
Astoria, OR 97103
(503) 325-5510 Daytime
(503) 325-5735 Evening
www.ccwrc.net

Provides emergency housing homeless families, couples, & single women

Restoration House
208 N Holladay
Seaside, OR 97103
(503) 717-1102

Serves as a men's halfway house. Provides a safe, comfortable & encouraging environment for alcoholics & others with addictive illnesses their program strongly focuses on assisting individuals in the process of their recovery

Seaside International Hostel
930 N Holladay Dr.
Seaside, OR 97138
(503) 738-7911
www.seasidehostel.net

Rooms available by the day, week & month

North Coast Recovery Outreach
1530 S Roosevelt Dr
Seaside, OR 97138
(503) 738-7453

Provides structured living for male or female recovering addicts & alcoholics

Employment

Employment Services-Employment

Coast Rehabilitation Services

65 N. Hwy 101
Ste 205
Warrenton, OR 97146
(503) 861-3372 FAX (503) 861-3476
www.coastrehab.org

Employment services training for developmentally disabled adults.

Employment Department Customer Info Center

(800) 237-3710

Provides information & referral.

Experience Works

450 Marine Dr
Ste 110
Astoria, OR 97103
(503) 325-8612 Ext 244
www.experienceworks.org

Offers job training & assistance with job hunting for people 55 & over.

Oregon Employment Department

450 Marine Drive
Ste 110
Astoria, OR 97103
(503) 325-4821 Ext 223
www.oregon.gov/DHS/

Provides employment services for people who are unemployed, under-employed or who are looking for different employment. Includes workshops, education on preparing applications & resumes, building interview & job search skills. May also file for unemployment there.

Organization of the Forgotten American

4509 S. 6th St
Ste 206
Klamath Falls, OR 97601
(800) 662-8656

Provides employment services to people who are enrolled Native Americans & over 18 years of age. Must meet income criteria.

Pacific Personnel

254 11th St
Astoria, OR 97103
(503) 325-8619
www.pacificpersonnel.org

Provides employee leasing & temporary staffing for people looking for employment

Pacific Personnel

1010 3rd Ave
Seaside, OR 97138
(503) 738-9084 FAX (503) 738-7019
www.pacificpersonnel.org

Provides employee leasing & temporary staffing for people looking for employment.

PAC-WEST Temp. Service

936 E. Harbor Drive
Warrenton, OR 97103
(503) 861-9515

Provides employee leasing & temporary staffing for people looking for employment.

Job Training-Employment

Clatsop County Women's Resource Center

Déjà vu Thrift Shop

1010 Duane St Ste 207

Astoria, OR 97103

(503) 325-3426 **24 hr. Crisis Line** (503) 325-5735

FAX: (503) 325-7101 **Déjà vu** (503) 325-8624

www.cwrc.net

Provides shelter workshop experience for participants enrolled with State of Oregon Department of Human Services.

Experience Works

450 Marine Dr

Ste 110

Astoria, OR 97103

(503) 644-4212

www.experienceworks.org

Offers job training & assistance with job hunting for people 55 & over.

Management Training Corps (MTC)

450 Marine Drive

Ste 140

Astoria, OR 97103

(503) 325-9511

www.mtctrains.com

Provides assistance for adult education, GED testing & job training. Must meet eligibility guidelines.

Tongue Point Job Corps Center

37573 Old Highway Ste 30

Astoria, OR 97103

(503) 325-2131

www.nw-jobcorps.com/centers/tonguepoint

Program for 16-24 year olds that provides assistance with attaining high school diploma or GED, teaches a trade & provides job experience

Family

Adoption-Family

Catholic Charities

447 NE 47th Avenue

Ste 100

Portland, OR 97213

(800) 783-5857

Assist prospective adoptive parents with entering into an open adoption

Provide adoption counseling to pregnant women

State of Oregon Department of Human Services

Child Welfare Programs

450 Marine Drive

Ste 210

Astoria, OR 97103

(503) 325-9179

(800) 423-4606

Provides adoption assistance to those who meet eligibility requirements

Provide voluntary adoption registry.

Fees apply.

New Hope Child & Family Agency

(800) 436-2204

www.newhopekids.org

Assists pregnant women who are planning to keep or release the child with medical, financial, shelter & counseling.

Open Adoption & Family Services
(800) 772-1115

Provides assistance to pregnant women wishing to release child & prospective adoptive parents.

Oregon Post Adoption Resource Center

621 SW Morrison St
Ste 1225
Portland, OR 97205
(800) 764-8367
www.orparc.org

Provides information & referral, a lending library, training, support to families that have adopted a child.

The Boys & Girls Aid Society of Oregon

018 SW Boundary Ct
Portland, OR 97239
(800) 342-6688
www.boysandgirlsaid.org

Provides child release services & adoption case management. Available 24 hours a day, 7 days a week.

Child Abuse & Neglect-Family

State of Oregon Department of Human Services

Child Welfare Programs

450 Marine Drive
Ste 210
Astoria, OR 97103
(503) 325-9179
(800) 643-4606
www.oregon.gov/DHS/

Contact if you suspect mistreatment of children.

Healing Circle

PO Box 964
Astoria, OR 97103
(503) 325-2761

A private non-profit organization committed to helping children of abuse & neglect through the healing process by offering year long mentoring program & an annual camp.

Lighthouse for Kids

2120 Exchange St
Astoria, OR 97103
(503) 325-4977

Provides assessment services for children who have been abused.

Child Care-Family

Caring Options Child Care Resource & Referral Provides a list of approved childcare providers.

Ste10 6th St Ste 205-B Astoria, OR 97103
(503) 325-1053

Counseling-Family (See Counseling-Health)

Foster Care- Family

State of Oregon Department of Human Services

Child Welfare Programs

450 Marine Drive
Ste 210
Astoria, OR 97103
(503) 325-9179 (800) 423-4606
www.oregon.gov/DHS/

Processes foster parents, trains them & places children in foster care.

Infants-Families

Clatsop County Health & Human Services
820 Exchange St.
Ste 100
Astoria, OR 97103
(503) 325-8500
www.co.clatsop.or.us

Babies First program that provides a public health nurse that monitors babies growth, development & health.
Provided at no cost to client.

Clatsop County Health & Human Services
820 Exchange St
100
Astoria, OR 97103
(503) 325-8500
www.co.clatsop.or.us

Healthy Start provides home visits by family support worker & public health nurse to understand changes that come with being a Ste new parent, share ideas that promote positive parent/child relationships, provide information on health growth, development & activities which are both fun & education for the child & parent.
Provided at no cost to client.

La Leche League
(503) 861-2050
(503) 325-1306
www.la lecheleague.org/web/astoriaor.html

Provides education, support & information to women about infant nutrition & breast-feeding.
Meets the third Thursday of every month at the Children's Museum
2968 Marine Drive Astoria.

Parenting-Family

Clatsop Behavioral Healthcare
10 6th St
Ste 103
Astoria, OR 97103
(503) 325-5722

Provides parent education groups.

Commission on Children & Families:
(503) 325-8500 Ext. 1926

Call for a current schedule on parenting classes

HOPE HOUSE of Lutheran Community Services Northwest
3107 Grand Ave.
Astoria, OR 97103
(503) 325-6754 FAX (503) 338-6268
www.lcsnw.org

Provides specialized parenting program for parents with children ages 5-18 with challenging behaviors

Food

Meal Delivery-Food

Bob Chisholm Community & Senior Center
1225 Avenue A
Seaside, OR 97138
(503) 738-7393
www.nwsds.org
www.sunsetempire.com

Hot lunch served Mon. through Fri. at 11:45AM for people 60+, provided by NorthWest Senior & Disability Services.
Small donation for meal suggested but not mandatory.
Home Delivery Mon., Wed. and Fri. 9-11AM.
Information and Referral Services

Loaves & Fishes
Peace Lutheran Church
565 12th St
Astoria, OR 97103
(503) 325-9693

Provides home delivery of lunch to seniors. Small fee applies. Also, a hot meal site Mon. through Fri. at 11:45AM.
Small fee applies. If unable to pay & you meet the criteria arrangements can be made for payment through NorthWest Senior & Disability Services.

NorthWest Senior & Disability Services

3523 Hwy 101 N
Gearhart, OR 97138
(503) 738-5191
(800) 442-8614
www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Meal Sites-Food

Astoria Rescue Mission
62 W Bond (PO Box 114)
Astoria, OR 97103
(503) 325-6243
www.rescuemission.com

Serves 3 meals per day.
Must stay the night to receive breakfast.

Community Dinner Program
Grace Episcopal Church
1545 Franklin
Astoria, OR 97103
(503) 325-4691

Hot meals served on the 2nd & 4th Sundays of the month at 4pm.

Loaves & Fishes
Peace Lutheran Church
565 12th St
Astoria, OR 97103
(503) 325-9693

Provides home delivery of lunch to seniors. Small fee applies.
Also, a hot meal site Mon. through Fri. at 11:45AM.
Small fee applies. If unable to pay & criteria is met, arrangements can be made for payment through NorthWest Senior Disability Services.

Our Lady of Victory Catholic Church
120 Oceanway
Seaside, OR 97138
(503) 738-6161

Sunday Supper Dinner, 1,2,3,4 Sundays @ 3:00PM.

Warrenton Senior Center
173 SW 3rd City Park
Warrenton, OR 97146
(503) 861-3502

Hot lunch & meals served, donations accepted.
Call for times.

Pantries-Food

Clatsop County Veterans Service Officer,

Officer on site Ken Rislow, Tues. & Fri. 2-5:30PM
1132 Exchange
Astoria, OR 97103
(503) 325-2429 Message Phone (503) 791-5482 Cell Phone

Provides emergency food for north county veterans.
Proof of service required.
Eligibility will be determined on a case-by-case basis.

Clatsop Emergency Food Bank (Pantry)

First Presbyterian Church
1103 Grand St
Astoria, OR 97103
(503) 325-1702

Provides monthly emergency food boxes to Astoria residents.
Open Monday through Friday 3-4PM

Clatsop Regional Food Bank

Clatsop Community Action
364 9th St
Astoria, OR 97103
(503) 325-1400
www.ccaservices.org

Provides emergency food for pantries, meal sites & shelters.

Grace Food Pantry
Grace Episcopal Church
1545 Franklin
Astoria, OR 97103
(503) 325-4691

Provides monthly emergency food boxes
Open Tuesday, Wednesday and Thursday from 9-11:30AM.

Knappa Food Pantry
42889 Old Hwy 30
Knappa, OR 97103
(503) 458-6492

Provides monthly emergency food boxes for the areas between
Claremont Rd. & Bradley Point.
Open Tuesday & Thursday 2-3 PM.

Manna House Food Pantry
88786 Dellmoor Lp Rd.
Warrenton, OR 97146
(503) 738-5182

Provides monthly emergency food boxes, 3rd Saturday of every
month from 10AM-12PM.

Our Savior's Lutheran Church (Pantry)
320 First Avenue
Seaside, OR 97138
(503) 738-6791

Provides limited supply of food to those in need.
Call for availability.

St Vincent de Paul Food Pantry
3575 Hwy 101 N.
Gearhart, OR 97138
(503) 717-0444

Provides monthly emergency food boxes
Mon., Wed. and Fri. 1-2:30PM

St Vincent de Paul Food Pantry
1465 Grand Ave
Astoria, OR 97103
(503) 325-2007 Message Phone

Provides monthly emergency food boxes
Call for times.

South County Food Bank (Pantry)
880 Avenue A
Seaside, OR 97138

Provides monthly emergency food boxes for south county residents.
Open Mon-Friday from 2:00-4:00PM.

Warrenton Food Bank (Pantry)
Calvary Assembly of God Church
1365 SW Main
Warrenton, OR 97146
(503) 861-2689

Provides monthly emergency food boxes for Warrenton, Hammond
& Sunset Beach residents Tues. and Fri. 2-3PM.

Health

Alcohol & Drug Support & Treatment-Health

Alanon/Alateen
(503) 338-5688 Hotline
www.al-anon.alateen.org

Support group for the families & friends of alcoholics.
Call for meeting dates & locations.

Alcohol & Drug Help Line
(800) 923-4357

Toll free informational line about various treatments programs
around the state.

<p>Alcohol & Drug Treatment Referral (800) 454-8966</p>	<p>Provides information & referral about alcohol & drug treatment. Available 24/7.</p>
<p>Alcoholics Anonymous 715 3rd Avenue Seaside, OR 97138 (503) 861-5526 www.aa-oregon.org/AA/aa-meetings-01.php</p>	<p>Support groups for alcoholics. Call to find times & locations.</p>
<p>Celebrate Recovery North Coast Family Fellowship 2245 N Wahanna Rd Seaside, OR 97138 (503) 738-7453</p>	<p>Faith based support group for those with addictive, compulsive and dysfunctional behaviors</p>
<p>Clatsop Behavioral Healthcare Ste10 6th St Ste 103 Astoria, OR 97103 (503) 325-5722</p>	<p>Provides drug & alcohol treatment & diagnosis.</p>
<p>Drug & Alcohol Treatment Referral Service (800) 729-6686 TTY (888) 889-6432 www.niaaa.nih.gov</p>	<p>Provides drug & alcohol counseling referral.</p>
<p>Drug Free Work Place Help Line (866) 487-2365 www.dol.gov/asp/programs/drugs/workingpartners/dfworkplace/dfwp.asp</p>	<p>Provides information & referral to business owners & managers to assist them in starting a drug free work place program.</p>
<p>Drug Screens, Inc. 737 E. Harbor Drive Warrenton, OR 97146 (503) 861-0693</p>	<p>Provides substance abuse screening. Fees apply.</p>
<p>LifeWorks NW 2911 Marine Dr Ste B Astoria, OR 97103 (503) 338-6990 www.lifeworksnw.org</p>	<p>Youth & adult chemical dependency outpatient treatment; & prevention outreach</p>
<p>Marijuana Anonymous World Services (800) 766-6779 www.marijuana-anonymous.org</p>	<p>12-step program to stop using marijuana.</p>
<p>Narcotics Anonymous World Services 60 N. Roosevelt Seaside, OR 97138 (503) 717-3702 www.northcoastna.org</p>	<p>Support groups for adults of drug addiction. Call for meeting dates & locations.</p>

Oxford House
420 N Holiday St
Seaside, OR 97138
(503) 717-1958
www.oxfordhouse.org

A self-run men's house program for recovering alcoholics & addicts. Residents may stay as long as they remain clean. Any man recovering from alcoholism or drug addiction can apply to get in by filling out an application & being interviewed by the existing members of the house. The application is then considered by the membership of the House & if there is a vacancy & 80% of the members approve, the applicant can move in.

Potentials
Pier 39, 100 39th St
Ste 202B
Astoria, OR 97103
(503) 325-2398 FAX (503) 325-5932
www.potentialllc.com

Outpatient treatment for alcohol & drug addiction. Provides alcohol/drug counseling, relapse prevention assistance, individual/family counseling, family education workshops, co-dependent recovery groups & assistance for parents with kids who have drug or alcohol addictions. Sliding & reduced fees available to those who qualify.

North Coast Recovery Outreach
1530 S Roosevelt Dr
Seaside, OR 97138
(503) 738-7453

Support group for recovering alcoholics & addicts offers a clean & sober recreational facility

Case Management-Health

Coastal Family Health Center
2158 Exchange St Ste304
Astoria, OR 97103
(503) 325-8315 FAX (503) 325-8602
www.coastalfhc.org

Provides complete medical care for low income, uninsured, & underinsured people. Will work with patients to provide medical care & medicine that is needed.

Counseling-Health

Clatsop Behavioral Healthcare
10 6th St
Ste 103
Astoria, OR 97103
(503) 325-5722

Provides counseling & case management for a variety of mental health issues

Columbia Memorial Hospital
2111 Exchange
Astoria, OR 97103
(503) 325-4321
(800) 962-2407
www.columbiamemorial.org

Provides counseling for a variety of different programs, such as cancer support groups, loss & separation & the hospice program. Call for meeting dates & locations.

Health & Lifestyle Center
Providence Seaside Hospital
725 S. Wahanna Rd
Seaside, OR 97138
(503) 717-7000
www.providence.org/northcoast/seaside_hospital/

A health education & resource center that provides health & wellness classes, educational forums, support groups & health screenings.

HOPE HOUSE of Lutheran Community Services Northwest

3107 Grand Ave.
Astoria, OR 97103
(503) 325-6754

Provides professional mental health counseling & play therapy for children, adolescents, adults, individuals, families, couples & married couples.

LifeWorks NW

2911 Marine Dr
Astoria, OR 97103
(503) 338-6990
www.lifeworksnw.org

Youth & adult chemical dependency outpatient treatment & prevention outreach

Veteran's Services Office

1132 Exchange St
Astoria, OR 97103
(503) 325-2429

Provides counseling to all veterans, their spouses, survivors & children. (*See Key Agencies Veterans*)

Counseling Support Groups-Health**Alzheimer's Support Group**

Peace Lutheran Church
565 12th St
Astoria, OR 97103
(503) 325-4543
(503) 368-4200

Support Group for friends & family of people with Alzheimer's disease

Alzheimer's Support Group

Necanicum Village
2500 S Roosevelt Dr
Seaside, OR 97103
(503) 325-4543
(503) 738-0900

Support Group for friends & family of people with Alzheimer's disease.

Grief Support Group

Columbia Memorial Hotline
(503) 338-6230

Call for dates & times.
Free of charge.

National Alliance for the Mentally Ill (NAMI) -Oregon

3550 SE Woodward St
Portland, OR 97202
(800) 343-6264
www.nami.org/sites/NAMIOregon

Provides support groups & one on one support to people with & families of those with mental illnesses.

NorthWest Senior & Disability Services

Gearhart
(503) 738-5191 or (503) 738-8136 (TTY)
www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Oregon SafeNet

Portland, OR 97232
(800) 422-6012 FAX (971) 673-0278 TTY (971) 673-0372
www.oregon.gov/DHS/ph/imm/safenet.shtml

Provides info & referral for health services in Oregon.

Women's Cancer Support

(503) 325-5279 (503) 325-4321 Ext 5565
Email Nancy_magathan@columbiamemorial.org

Call for meeting times, 2nd Weds. 12-1:30PM.

Families for Depression Awareness
www.familyaware.org

For online Bi-polar and depression support

Dental-Health

Peninsula Dental Clinic
25902 Vernon Avenue Ste B
Ocean Park, WA 98640
(360) 665-3000

Family Health Center
21610 Pacific Hwy PO Box 548
Ocean Park WA 98640
(360) 665-3000 FAX (360) 665-3096

Eating Disorders-Health

National Association of Anorexia Nervosa & Associated Disorders

(847) 831-3438 FAX (847) 433-4632
www.anad.org www.anadenespanol.org

Provides hotline counseling, a network of free support groups and referrals to health care professionals & prevention programs.

Education-Health

American Red Cross-Clatsop County
1054 Exchange
Astoria, OR 97103
(503) 325-4721 (888) 737-4306
www.redcross-pdx.org

Provides CPR & First Aid training
Fees apply, scholarships available.

Clatsop County Health & Human Services
820 Exchange St
Ste 100
Astoria, OR 97103
(503) 325-8500
www.co.clatsop.or.us

Provides health information & referral.

Columbia Memorial Hospital
2111 Exchange
Astoria, OR 97103
(503) 325-4321 (800) 962-2407
www.columbiamemorial.org

Provides counseling for a variety of different programs, such as cancer support groups, loss & separation & the hospice program.
Call for meeting dates & locations.

**Providence Seaside Hospital
Health & Lifestyle Center**
725 S. Wahanna Rd
Seaside, OR 97138
(503) 717-7000
www.providence.org/northcoast/seaside_hospital/

A health education & resource center that provides health& wellness classes, educational forums, support groups & health screenings.

Eye Care-Health

Astoria Lions Club
(503) 325-5899

Provides glasses to those in need who meet eligibility requirements.

Elks Children's Eye Clinic Program

3375 SW Terwilliger Blvd
Portland, OR 97239
(503) 494-7675 (888) 222-6478

For children ages newborn-19 with medical problems related to the eye.

Must first be referred by local Elks lodge.

Fee for services may be reduced.

Eye Care America

(800) 222-3937
www.eyecareamerica.org

They seek to reduce avoidable blindness & severe visual impairment. Provide eye care at low or no cost.

National Eye Care Project

PO BOX 429098
San Francisco, CA 94142
(877) 887-6327 FAX (415) 561-8567
www.aao.org

Provides eye care for seniors 65 and older, who do not have an ophthalmologist. Those enrolled in a health care plan or who are veterans do not qualify.

Vision USA

(800) 766-4466
www.aoa.org/x5607.xml

Free eye exams for low income working people.

Call to apply & get more information.

Family Planning-Health

Clatsop County Health & Human Services

Family Planning

820 Exchange St
Ste 100

Astoria, OR 97103
(503) 325-8500

www.co.clatsop.or.us

Provides birth control, emergency contraception, health exams, testing for infections, pregnancy testing, health education & referrals.

Gambling Addiction-Health

Columbia Community Mental Health

(800) 294-5211 (503) 397-5211 Astoria
(866) 866-1426
www.ccmhl.com

Provides individualized treatment for compulsive gambling addiction.

Oregon Gambling Help Line

(800) 233-8479
www.gamblingaddiction.org

Provides counseling referrals for gambling & additional crisis.

The National Council on Problem Gambling

(800) 522-4700
www.ncpgambling.org

Provides referral for treatment & counseling.

Health Insurance-Health

Oregon Health Plan

500 Summer St NE
Salem, OR 97301
(800) 572-5772 TTY (800) 375-2863
www.oregon.gov/DHS/healthplan/index.shtml

The level of coverage (benefit package) you receive is based on your income, age, & physical or mental condition.

Oregon Helps

(503) 988-3707
www.oregonhelps.org

Fill out the information on their website & find out what assistance programs are available.

State of Oregon Department of Human Services

Self Sufficiency Programs

450 Marine Dr
Ste 200

Astoria, OR 97103

(503) 325-2021 (800) 643-4606

FAX (503) 325-6506 **TTY** (503) 325-2894

www.dhs.state.or.us/policy/selfsufficiency

www.oregon.gov/dhs/localoffices/index.shtml

Administers OHP, FHIAP & CHIP Programs.

Eligibility requirements apply.

Social Security Administration

115 W Bond

Astoria, OR 97103

(503) 325-8845 (800) 772-1213

(503) 338-6262 (TTY)

www.ssa.gov

Enrolls clients for Medicare.

Issues Medicare replacement cards.

Completes subsidy applications for Medicare part D.

HIV/AIDS-Health

AIDS info

(800) 448-0440

www.aidsinfo.nih.gov

Offers the latest federally approved information on HIV/AIDS clinical research, treatment & prevention & medical practice guidelines for people living with HIV/AIDS, their families & friends, health care providers, scientists, & researchers.

Gay Men's Health Crisis Hotline

(800) 243-7692

www.gmhc.org

Help available in Spanish & English with accurate information, emotional support, & an expansive referral service.

Clatsop County Health & Human Services

820 Exchange St Ste 100

Astoria, OR 97103

(503) 325-8500

www.co.clatsop.or.us

Provides anonymous & confidential HIV counseling & testing. Provides case management for HIV positive individuals, all at no cost to client

Oregon AIDS/STD Hotline

(800) 777-2437

www.projinf.org/hotline/state.shtml

Provides General Info on HIV & STD, referral to HIV services in Oregon, risk assessment & risk support.

Medical Care-Health

Astoria Senior Center

1111 Exchange

Astoria, OR 97103

(503) 325-3231

Provides free blood pressure tests to seniors.

First Come, first serve basis.

Bob Chisholm Community & Senior Center

1225 Ave A

Seaside, OR 97138

(503) 738-7393

Location for Health Screens, flu shots, hearing services.

Information and Referral Services

Coastal Family Health Center

2158 Exchange St Ste304

Astoria, OR 97103

(503) 325-8315 **FAX:** (503) 325-8602

www.coastalfhc.org

Provides complete medical care for low income, uninsured & underinsured people.

Will work with patients to provide medical care & medicine that is needed.

Columbia Memorial Hospital

2111 Exchange
Astoria, OR 97103
(503) 325-4321
(800) 962-2407
www.columbiamemorial.org

Diabetes Support Group
(503) 325-4321 Ext 3427

Call Columbia Memorial Hospital for times.

Elks

324 Ave A
Seaside, OR 97138
(503) 738-6651

Will loan wheelchairs, walkers & crutches.
Call first for availability.

Health Information Hotline

(800) 336-4797

Provides information & referral.

Clatsop County Health & Human Services

820 Exchange St
Ste 100
Astoria, OR 97103
(503) 325-8500
www.co.clatsop.or.us

Does immunizations for infants, children, teens & adults.

National Herpes Hotline

(919) 361-8488

Provides accurate information & appropriate referrals to anyone concerned about herpes

National Multiple Sclerosis Society

1477 3rd St
Astoria, OR 97103
(503) 325-1063
www.nmss.org

Provides support services to Clatsop County residents with multiple sclerosis

Oregon SafeNet

(800) 723-3638
www.oregon.gov/DHS/ph/imm/safenet.shtml

Provides info & referral for health services in Oregon.

Providence Seaside Hospital

725 S. Wahanna Rd
Seaside, OR 97138
(503) 717-7000

www.providence.org/northcoast/seaside_hospital/

Occupational Health Screenings, vaccination clinics & safety education designed for businesses.

Providence Seaside Hospital

725 S. Wahanna Rd
Seaside, OR 97138
(503) 717-7000

www.providence.org/northcoast/seaside_hospital/

Providence Community Care A volunteer staffed-low cost community health clinic.

Providence Seaside Hospital

725 S Wahanna Rd
Seaside, OR 97138
(503) 717-7000

www.providence.org/northcoast/seaside_hospital/

Seaside Urgent Care

580 Ave U
 Seaside, OR
 97138
 (503) 738-9112

www.seasideurgentcare.com

Provides urgent care services for the North Oregon Coast and its visitors minor emergencies, physicals of all kinds, worker's comp. cases, we take appointments and walk-ins. Most insurances welcome.

Shriners

3101 SW Sam Jackson Park Road
 Portland OR 97239
 (800) 237-5055

www.shrinershq.org/shc/portland/

Provides orthopedic care to children at no charge. Must be under 18 & have a reasonable possibility the condition can be helped.

Pregnancy-Health**Birthright**

(800) 550-4900

www.birthright.org

Provides help to any girl or woman regardless of age, race, creed, marital or economic status, who feels distressed by an unplanned pregnancy.

Clatsop County Health & Human Services

820 Exchange St
 Ste 100
 Astoria, OR 97103

(503) 325-8500

www.co.clatsop.or.us

Family Planning Provides birth control, emergency contraception, health exams, testing for infections, pregnancy testing, health education & referrals.

Clatsop County Health & Human Services

820 Exchange St
 Ste 100

Astoria, OR 97103

(503) 325-8500

www.co.clatsop.or.us

Maternity Case Management Program where a public health nurse can help find prenatal care, provide education on pregnancy, delivery & care of newborns, support & encouragement.

Program open to women who are pregnant & enrolled in or eligible for the Oregon Health Plan.

Clatsop County Health & Human Services

Women, Infants & Children (WIC)
 820 Exchange St

Ste 100

Astoria, OR 97103

(503) 325-8500

www.co.clatsop.or.us

(WIC) Nutrition education and supplemental food vouchers to promote good health for pregnant, breastfeeding, and postpartum women, infants and children to age 5.

Columbia Memorial Hospital

550 22nd St
 Astoria, OR 97103

(503) 338-7595

columbiamemorial.org

Women's Center offers consultative and ongoing primary care for women, ages 16 and up. Maternity Services, Mammography, Abdominal thyroid and prenatal ultrasound services, Lymphedema treatment, (visit website for more services)

Holt International Children's Services

Capitol Plaza
 9320 SW Barbur Blvd
 Ste 220

Portland, OR 97216

(503) 245-2498

(800) 234-4658

www.wholtintl.org

Provides free & confidential counseling, support & education on parenting & adoption

La Leche League

(503) 861-2050

(503) 325-1306

www.lalecheleague.org

Provides education, support & information to women about infant nutrition & breast-feeding

Meets the third Thursday of every month

Open Adoption & Family Services

(800) 772-1115

Provides assistance to pregnant women wishing to release child & prospective adoptive parents

Pregnancy Resource Center

360 9th St

Astoria, OR 97103

(503) 325-9111 (800) 669-8717

Offers pregnancy-testing, referrals, information about pregnancy, fetal development, adoption & abortion alternatives.

Providence Seaside Hospital

725 S. Wahanna Rd

Seaside, OR 97138

(503) 717-7000

www.providence.org/northcoast/seaside_hospital/

Providence Community Care A volunteer staffed, low-cost community health clinic. (visit website for more services)

The Boys & Girls Aid Society of Oregon

018 SW Boundary Ct

Portland, OR 97239

(800) 342-6688

www.boysandgirlsaid.org

Provides all-options counseling to pregnant women, & general healthcare referral to pregnant women.

Prescription Assistance-Health

Clatsop Community Action

364 9th St

Astoria, OR 97103

(503) 325-1400

www.ccaservices.org

Limited prescription assistance available.

May only access once per year.

Must have prescription filled at Owl Drug/ Astoria Pharmacy in Astoria.

United Way Prescription Discount Card, for clients without medical insurance.

Coastal Family Health Center

2158 Exchange St

Ste 304

Astoria, OR 97103

(503) 325-8315 FAX (503) 325-8602

www.coastalfhc.org

Provides complete medical care for low income, uninsured, & underinsured people.

Will work with patients to provide medical care & medicine that is needed.

Prescription Assistance Websites-Health

www.needymeds.com

This site is designed to provide information about patient assistance programs which provide no cost prescription medications to eligible participants. They are supported by a non-profit organization (Needy Meds Inc).

www.benefitscheckup.org

A service of the National Council on the Aging. An online service to screen for federal, state & some local private & public benefits for older adults (ages 55 & over).

www.pparxor.org

A web site designed to help low-income, uninsured Oregon residents get free or discounted brand-name medicines.

www.rxassist.org

Provides physicians & other health care providers with the information needed to access the pharmaceutical companies' patient assistance programs.

www.rxhope.com

A service associated with PhRMA, a group of drug companies, offering patient assistance programs.

www.meddataservices.com

A prescription assistance program to provide doctors & patients with information needed to apply for free medications.

www.phrma.org/pap/

An association of drug companies, providing links to various patient assistance programs.

www.oregonshiba.org

Oregon Senior Health Insurance Benefits Assistance (SHIBA), a statewide network of volunteers who educate, assist & serve as advocates for people with Medicare.

www.aarppharmacy.com

Information on discounted drugs & services for AARP members.

Tobacco-Health

American Cancer Society

(800) 227-2345

(800) 228-4327 (TTY)

www.cancer.org

Provides information on resources & counseling.

Clatsop County Health & Human Services

820 Exchange St

Ste 100

Astoria, OR 97103

(503) 325-8500

www.co.clatsop.or.us

Tobacco Prevention & Health Education Provides educational materials, technical assistance & referrals around tobacco & other health-related issues.

Oregon Tobacco Quit Line

(877) 270-7867

Offers information on quitting, counseling & referrals for callers.

Transportation-Health

Dial-A-Ride

465 NE Skipanon

Warrenton, OR 97146

(503) 861-5385

(800) 776-6406

(800) 452-0402 TDD

www.ridethebus.org

Provides county-wide transportation for seniors & disabled persons.

Fare applies, varies on destination.

Handicapped accessible vehicles available.

Call 48 hours ahead of time to schedule.

Medix Ambulance Service, Inc.

2325 SE Dolphin Ave

Warrenton, OR 97146

(503) 861-1990

Private pre-hospital emergency care & ambulance transportation company.

Fee applies.

Northwest Ride Center
465 NE Skipanon
Warrenton, OR 97146
(503) 861-0657
(800) 776-6406
(800) 452-0402 TDD
www.ridethebus.org

Provides medical transportation to Oregon Health Plan Plus members.
Must call 2 working days in advance.
No fee.

Partners for Seniors
PO Box 713, Seaside, OR
(503) 717-2469

Provides transportation for medical appointments and other services for seniors through volunteer services

Housing

Affordable Housing-Housing

Clatsop County Housing Authority
1508 Exchange St Ste 101
Astoria, OR 97103
(503) 325-2880 FAX (503) 325-1240
Information: reception@cchousing.net

Geographical area served: Clatsop County
Services: Working with community partners to finance and develop high quality, affordable housing.
Project-Based Section 8
Workforce Housing
Housing for Elderly and Disable

Case Management-Housing

Clatsop Community Action
364 9th St Astoria, or 97103
(503) 325-1400
www.ccaservices.org

Provides housing case management.

Northwest Oregon Housing Authority (NOHA)
147 S Main Ave
Warrenton, OR 97146
(503) 861-0119 FAX (503) 861-0220
(888) 887-4990
(800) 927-9275 TDD
www.nwoha.org
www.oraoha.org

Provides assistance with obtaining & maintaining suitable & affordable housing through programs designed to provide families, elderly, & disabled individuals with housing assistance.

Disabled Housing (Appendix A)

Energy & Utility Assistance-Housing

Clatsop Community Action
364 9th St
Astoria, OR 97103
(503) 325-1400
www.ccaservices.org

Oregon Heat seasonal energy assistance program.
Assistance only available once per year
Eligibility requirements apply. Must have a shut-off notice.
Not available for water bills. (see website for more details)
Wood lot program that is available October thru April to those who meet income guidelines. Fee applies.

**Community Action Team
Clatsop County Office:**

818 Commercial St Ste 201
(503) 325-9215

St Helens Office

310 Columbia Blvd
St Helens, OR 97051
(503) 397-3511
(866) 722-4951

www.columbia-center.org/cat/

Provides Low Income Energy Assistance Program (LIEAP).
Eligibility requirements apply.

Oregon Telephone Assistance Programs (OTAP)

(800) 848-4442
(800) 648-3458 TTY

www.puc.state.or.us/consumer/otapapp.asp

Program that pays for phone hook-up &/or a portion of phone bill.
Eligibility requirements apply.

Furniture-Housing

Women's Resource Center Déjà vu Thrift Shop

1030 Duane St Ste 207
Astoria, OR 97103
Déjà vu (503) 325-8624

www.cwrc.net

Not-for-profit business that supports the activities of Clatsop County Women's Resource Center. Sells used clothing, books, furniture, small appliances & assorted household items.

Housing Assistance Programs-Housing

Clatsop Community Action

364 9th St
Astoria, OR 97103
(503) 325-1400

www.ccaservices.org

Administers temporary rental assistance programs.

Northwest Oregon Housing Authority (NOHA)

147 S Main Ave
Warrenton, OR 97146
(503) 861-0119 FAX (503) 861-0220
(888) 887-4990 (800) 927-9275 TDD

www.nwoha.org www.oraoha.org

Provides assistance with obtaining & maintaining suitable & affordable housing through programs designed to provide families, elderly, and disabled individuals with housing assistance.

Oregon Helps

www.oregonhelps.org

Fill out the information on their website & it can tell you what assistance programs are available to you.

Legal-Housing

Fair Housing Council of Oregon

1020 SW Taylor St
Ste 700
Portland, OR 97205
(503) 223-8197
(800) 424-3247 TTY

www.fhco.org

We promote equal access to housing by providing education, outreach, technical assistance, & enforcement opportunities.

Legal Aid Services of Oregon, Hillsboro Office – Serves Clatsop County

230 NE 2nd Ave
Ste A
Hillsboro, OR 97124
(503) 648-7163

For Tenant Problems call (503) 648-7723 (collect) 9 am to 12 pm M & Wednesday

Modest Means Program

Oregon State Bar
(800) 452-7636
www.osbar.org

A program designed to match low income Oregonians with attorneys willing to work for reduced fees. Lawyers only handle landlord/tenant, family law, & criminal defense.

Senior Housing-Housing (Appendix A)

Shelters-Housing

Astoria Rescue Mission

62 W Bond (PO Box 114)
Astoria, OR 97103
(503) 325-6243
www.rescuemission.com

Provides emergency food, shelter, and clothing to men and women in a Christian based environment.

Clatsop County Women's Resource Center

1010 Duane St Ste 207
Astoria, OR 97103
(503) 325-3426 **24hr. Crisis Line** (503) 325-5735
FAX: (503) 325-7101 **Déjà vu** (503) 325-8624
www.ccwrc.net

Assist victims of domestic violence or sexual assault in finding safe housing.

Hideaway Inn & Hostel

443 14th St
Astoria, OR 97103
(503) 325-6989
www.hideawayinnandhostel.com

Rooms available by the day, week & month.

**Clatsop County Women's Resource Center
Pioneer House**

76 W. Bond
Astoria, OR 97103
(503) 325-5510 Daytime
(503) 325-5735 Evening
www.ccwrc.net

Provides emergency housing homeless families, couples, & single women

Restoration House

208 N Holladay
Seaside, OR 97103
(503) 717-1102

Serves as a men's halfway house. Provides a safe, comfortable, & encouraging environment for alcoholics & others with addictive illnesses. Their program strongly focuses on assisting individuals in the process of their recovery.

Seaside International Hostel

930 N Holladay Dr.
Seaside, OR 97138
(503) 738-7911

Rooms available by the day, week & month

North Coast Recovery Outreach

1530 S Roosevelt Dr
Seaside, OR 97138
(503) 738-7453

Provides structured living for recovering addicts & alcoholics. Available for men & women.

Legal

Assistance-Legal

Clatsop County Circuit Court Family Resource Center

749 Commercial St
Astoria, OR 97103
(503) 325-8555 Ext 319

www.ojd.state.or.us/ct/family_court.html

Provides assistance with family law procedures & completion of forms, including restraining orders, on a drop in basis.

Clatsop County Victim's Assistance

Office of the District Attorney
749 Commercial
Astoria, OR 97103
(503) 325-1599

Provides advocacy & support to victims of crime.

Clatsop County Women's Resource Center

1010 Duane St Ste 207
Astoria, OR 97103
(503) 325-3426 **24hr. Crisis Line** (503) 325-5735
FAX: (503) 325-7101 **Déjà vu** (503) 325-8624

www.ccwrc.net

Provides assistance to male or female victims of sexual assault & domestic violence by assisting them to complete legal paperwork, accompany them to court & prepare for trial.

Lawyer Referral Services

Oregon State Bar
(800) 452-7636
www.osbar.org

Gives the name & phone number of an attorney in the local area
Attorneys that participate charge very low fees.

Legal Aid Services of Oregon Hillsboro Office – Serves Clatsop County

230 NE 2nd Ave
Ste A
Hillsboro, OR 97124
(503) 648-7163
www.oregonlawhelp.org

For Public Benefits issues call (503) 241-4111 (collect)
For Tenant Problems call (503) 648-7723 (collect)

Case Management-Legal

Clatsop County Community Corrections

988 Commercial
Astoria, OR 97103
(503) 861-2875 **FAX** (503) 861-0621
www.co.clatsop.or.us

Provides supervision to persons convicted of a crime, on parole, probation or post-prison supervision.

Children-Legal

Child Support

Office of the District Attorney
800 Exchange St Ste 210
Astoria, OR 97103
(503) 325-2716

Assists in enforcing child support payments.

Child Support Help line

(800) 383-1222

Free child support advice to low income individuals.

Child Support Services

Oregon State Bar
(800) 850-0228
www.osbar.org

A child support program that is free & available to all. Program provides locating absent parents, establishing paternity, setting a support order, enforcing a support order, modifying a support order up or down, collecting, accounting & paying out child support funds.

Court Appointed Special Advocates

PO Box 514
Astoria, OR 97103
(503) 338-6063

Trained volunteers who are appointed by a judge to represent the best interest of a child in court.

Problem Solvers

Oregon State Bar
(800) 452-7636
www.osbar.org

Free legal information & advice to anyone between 11-17.

Disabled-Legal

The Arc of Oregon

1745 State St
Salem, OR 97301
(877) 581-2726
www.arcoregon.org

Provides advocacy programs & services for individuals with developmental disabilities & their families.

National Organization of Social Security Claimants Representatives

560 Sylvan Ave
Englewood cliffs, NJ 07632
(800) 431-2804

Must have a claim dispute involving Social Security Disability. Potential lawyer fee & percentage of award received.

Discrimination-Legal

Fair Housing Council of Oregon

1020 SW Taylor St Ste 700
Portland, OR 97205-2512
(800) 424-3247 TTY
(503) 223-8197
www.fhco.org

Legal council for those believing they have been discriminated against for any of the following reasons: family status, gender, marital status, race, color, religion, national origin, disabilities.

Housing-Legal

Fair Housing Council of Oregon

1020 SW Taylor St
Ste 700
Portland, OR 97205
(503) 223-8197
(800) 424-3247 TTY
www.fhco.org

Promote equal access to housing by providing education, outreach, technical assistance, & enforcement opportunities.

Legal Aid Services of Oregon, Hillsboro Office - Serves Clatsop County

230 NE 2nd Ave
Ste A
Hillsboro, OR 97124
(503) 648-7163

For Tenant Problems call (503) 648-7723 (collect) 9 am to 12 pm M & Wednesday.

Modest Means Program

Oregon State Bar

(800) 452-7636

www.osbar.org

A program designed to match low income Oregonians with attorneys willing to work for reduced fees. Lawyers only handle landlord/tenant, family law, & criminal defense.

Immigration-Legal

Catholic Charity Immigration Legal Services

901 SE Oak St

Portland, OR 97214

(503) 542-2855

www.catholiccharitiesoregon.org

Provides professional legal representation, advice & advocacy to low income immigrants & refugees. Their services include: family visas residency, naturalization, political asylum, deportation & removal defense through immigration court & federal courts.

Mexican Consulate

2132 3rd Avenue

Seattle, WA 98121

(206) 448-3526

www.sre.gob.mx/acerca/directorio/consulados/seattle.htm

Provides passports & identification documents for Mexican citizens. Also provides tourist visa for travel into Mexico.

US Citizenship & Immigration Services

(800) 375-5283

(800) 767-1833 TTY

www.uscis.gov

Administers immigration & naturalization decision making & sets immigration services policies & priorities.

Restraining Order-Legal

Clatsop County Circuit Court Family Resource Center

749 Commercial St

Astoria, OR 97103

(503) 325-8555 Ext 319

www.ojd.state.or.us/clt/family_court.html

Provides assistance with family law procedures & completion of forms, including restraining orders, on a drop-in basis.

Clatsop County District Attorney

749 Commercial

Astoria, OR 97103

(503) 325-8583

Assist with obtaining a restraining order.

Clatsop County Women's Resource Center

1010 Duane St Ste 207

Astoria, OR 97103

(503) 325-3426 **24hr. Crisis Line** (503) 325-5735

FAX: (503) 325-7101 **Déjà vu** (503) 325-8624

www.ccwrc.net

Provides assistance to male or female victims of sexual assault & domestic violence with attaining restraining orders.

Seniors-Legal

Bob Chisholm Community & Senior Center

1225 Avenue A

Seaside, OR 97138

(503) 738-7393

Call for additional information.
Information and Referral Services

Domestic Violence Assistance

(503) 648-7163

Provides legal aid for seniors, minorities & low-income families.

National Organization of Social Security Claimants' Representatives

6 Prospect St
Midland Park, NJ 07432
(800) 431-2804
www.nosscr.org

Must have a claim dispute involving Social Security Disability.
Potential lawyer fee & percentage of award received.

NorthWest Senior & Disability Services

Gearhart
(503) 738-5191 (503) 738-8136 (TTY)
www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Veterans-Legal

Federal Veterans' Administration

1220 SW 3rd Avenue
Portland, OR 97204
(800) 827-1000
www.vba.va.gov

Provides information about entitlement benefits to veterans, their dependents & survivors.

Seniors

Adult Foster Homes (See Disability Services Page 20)

Counseling-Seniors (See Counseling-Health Page 39)

Employment-Seniors

Experience Works

450 Marine Dr
Ste 110
Astoria, OR 97103
(503) 325-4821 Ext 244
www.experienceworks.org

A nonprofit organization that offers job training, help with job hunting & community service opportunities for those 55 or over & meet all other guidelines.

Financial Assistance-Seniors

NorthWest Senior & Disability Services

Gearhart
(503) 738-5191 (503) 738-8136 (TTY)
www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Housing-Seniors (Appendix A)

Legal-Seniors

National Organization of Social Security Claimants' Representatives

560 Sylvan Ave
Englewood Cliffs, NJ 07632
(800) 431-2804
www.nosscr.org

Must have a claim dispute involving Social Security Disability.
Potential lawyer fee & percentage of award received.

NorthWest Senior & Disability Services

Gearhart

(503) 738-5191 (503) 738-8136 (TTY)

www.nwsds.org

See *Descriptions of Key Agencies* for office location & description of services provided.

Medical Care-Seniors (See Medical Care-Health Page 44)

Transportation-Seniors (See Transportation Community Page 19)

Index

A

AAA Automobile Club.....	18
AIDS Support Group.....	6,7,43
AIDS Treatment Data Network.....	6
AIDS info.....	6,7,43
Al-Anon/Alateen.....	6,13,37
Alcohol & Drug Help Line.....	6,37,38,39
Alcohol & Drug Treatment Referral.....	6,37,38,39
American Cancer Society.....	6,47
American Red Cross-Clatsop County.....	18,30,41
Astoria Public Library.....	15
Astoria Aquatic Center.....	15
Astoria Children's Museum.....	15
Astoria Fire Department.....	18,27
Astoria Lions Club.....	41
Astoria Parks & Recreation.....	15
Astoria Police Department.....	18,28
Astoria School District.....	21

B

Babies First.....	1,35
Bay View Care.....	20
Birthright.....	6,45
Bob Chisholm Community & Senior Center.....	16,35,43,53
Boy Scouts of America.....	16
Breast & Cervical Cancer Program - Support Group.....	6,39,40,41,47

C

Camp Kiwanilong.....	16
Cannon Beach Police Department.....	18,28
Cannon Beach Shuttle.....	19
Care Coordination (CaCoon).....	1,8
Caring Options Child Care Resource & Referral.....	6,34
Carl Perkins Program.....	26
Catholic Charities.....	6,33
Celebrate Recovery.....	38
Child Development and Rehabilitation Center.....	6,24
Child Find of America.....	6
Child Support.....	6,51,52
Child Welfare Programs.....	5,6,12,13,33,34
Clatsop Behavioral Healthcare.....	6,29,35,38,39
Clatsop Behavioral Healthcare Crisis Line.....	6
Clatsop Community Action.....	1,8,16,24,36,46,48,49
Clatsop Community College.....	16,26,27,28
Clatsop County Circuit Court Family Resource Center.....	29,51,53
Clatsop County Community Corrections.....	51

Clatsop County District Attorney	30,51,53
Clatsop County Early Childhood Special Education	21
Clatsop County Health & Human Services	1,35,41,42,43,44,45,47
Clatsop County Sheriff's Office	29
Clatsop County Victim's Assistance	51
Clatsop County Women's Resource Center	6,15,29,31,33,49,50,51,53
Clatsop Healthy Families.....	<i>Please see Healthy Start</i>
Clatsop Regional Food Bank	1,8,36,37
Coast Rehab Thrift Store	15
Coast Rehabilitation Services	15,22,32
Coastal Family Health Center.....	3,10,39,43,46
Columbia Community Mental Health.....	21,42
Columbia Memorial Hospital	30,39,41,44,45
Columbia River Maritime Museum.....	16
Community Action Team.....	6,30,49
Community Dinner Program.....	36
Consumer Credit Counseling	6
Court Appointed Special Advocates	52
<u>D</u>	
Déjà vu.....	<i>Please see Women's Resource Center Déjà vu Thrift Shop</i>
Developmental Disabilities	21,52
Diabetes Support Group.....	44
Dial-A-Ride.....	6,13,19,25,47
Disabilities Commission	7,23,25
Domestic Violence Assistance.....	7,29,30,31,50,53
Drug & Alcohol Treatment Referral Service.....	37,38,39
Drug Free Work Place Help Line	6
Drug Screens, Inc.	38
<u>E</u>	
Educational Talent Search	27
Elks.....	23,24,42,44
Elks Children's Eye Clinic Program.....	24,42
Employment Department Customer Info Center	6,32
Experience Works.....	32,33,54
<u>F</u>	
Fair Housing Council of Oregon	23,49,52
Family Health Insurance Assistance Program (FHIAP) Hotline.....	5,6
Family Planning.....	2,42,45
Food Stamp Program	<i>Please see self sufficiency programs</i>
<u>G</u>	
Gay Men's Health Crisis Hotline.....	6,43
Gearhart Police Department	18,29
Girl Scouts.....	6,13,17
Girls & Boys Town National Hotline.....	6
Grief Support Group.....	6,40
<u>H</u>	
Head Start.....	<i>Please see Warrenton or Seaside Headstart</i>

Healing Circle.....	34
Health & Lifestyle Center	39,41
Health Information Hotline.....	44
Healthy Start.....	2,9,35
Hearts Care.....	20
HIV Services	2,43
Holt International Children's Services	6,13,45
HOPE HOUSE of Lutheran Community Services Northwest.....	35,40

I

Immunizations	1,2,3,44
Internal Revenue Service (IRS)	6,13

J

Jewell School District.....	21
Job Corps.....	<i>Please see Tongue Point Job Corps Center</i>
Joyce Graber	20

K

Knappa School District	21
------------------------------	----

L

La Leche League.....	35,46
Lawyer Referral Services	6,7,51
Legal Aide Services of Oregon Hillsboro Office	6,50,51,52
Legal Aide Services of Oregon Hillsboro Office- Housing Hotline	
LifeWorks NW	38,40
Lighthouse for Kids.....	34
Lives in Transition.....	27
Lower Columbia Bowl.....	17
Lower Columbia Youth Soccer Association	17
Lutheran Community Services Northwest.....	<i>Please see HOPE HOUSE of Lutheran Community Services Northwest</i>

M

Management Training Corps (MTC)	26,33
Maternity Case Management.....	2,45
Medix Ambulance Service, Inc	47
Mental Crisis/Suicide Hotline.....	6
Modest Means Program.....	6,50,53

N

Narcotics Anonymous	38
National Alliance for the Mentally Ill (NAMI).....	6,24,40
National Association of Anorexia Nervosa & Associated Disorders.....	41
National Criminal Justice Reference Service (NCJRS)	6
National Eye Care Project.....	42
National Hopeline Network	7
National Library Service for the Blind & Physically Handicapped	7
National Organization of Social Security Claimants Representatives.....	23,52,54
New Hope Child & Family Agency	33
North Coast Safe Kids Coalition.....	18
Northwest Ride Center.....	19,25

Northwest Oregon Housing Authority (NOHA)	3,7
Northwest Regional Education Service District.....	7,22
NorthWest Senior & Disabilities Services	4,7,21,22,23,24,25,35,36,40,54,55

O

Occupational Health.....	44
Open Adoption & Family Services	7,34,46
Oregon AIDS/STD Hotline.....	7,43
Oregon Brain Injury Resource Network	7,24
Oregon Commission for the Blind	7,22,25
Oregon Department of Veteran’s Affairs	7
Oregon Disabilities Commission.....	7,23,25
Oregon Employment Department	32
Oregon Gambling Help Line.....	42
Oregon Health Plan.....	2,4,5,7,19,25,42,45
Oregon Helps	25,42,49
Oregon Literacy Inc.....	7,28
Oregon Poison Control	7
Oregon SafeNet	7,14,40,44
Oregon State AIDS Hotline	7
Oregon State Police.....	18,29
Oregon State University Extension Office	27
Oregon Suicide & Crisis Hotlines.....	7
Oregon Telephone Assistance Program (OTAP)	7,49
Oregon Tobacco Quit Line	7,47
Oregon Vocational Rehabilitation Services.....	22,25
Organization of the Forgotten American	32

P

Pacific Personnel	32
PAC-WEST Temp. Service.....	32
Partners for Seniors	48
Plus Program	28
Potentials.....	39
Pregnancy Resource Center	7,46
Prescription Assistance Websites	46,47
Problem Solvers	7,14,52
Providence Community Care	44,46
Providence Seaside Hospital.....	30,39,41,44,46

R

Recreation Lanes Restaurant & Lounge	17
Riverview Place.....	20

S

Seaside Fire and Rescue	19,27
Seaside Head Start Child & Family Development.....	26
Seaside Museum	17
Seaside Police Department.....	19,29
Seaside Public Library.....	17
Seaside School District	22
Seaside Youth Center, Inc.....	17

Self Sufficiency Programs.....	5,43
Sexually Transmitted Infections.....	2
Shriner's.....	7,14,23,24,45
SMART Reader Program.....	28
Social Security Administration.....	4,7,23,25,43,52,54
State of Oregon Department of Human Services.....	5,33,34,43
Sunset Empire Park and Recreation.....	17
Sunset Empire Transit System.....	19
Support Groups.....	38,39,40,41
<u>T</u>	
The Arc of Oregon.....	23,24,25,52
The Biz Center.....	27
The Boys & Girls Aid Society of Oregon.....	7,34,46
Tobacco Prevention & Health Education.....	2,47
Tongue Point Job Corps Center.....	26,33
<u>U</u>	
Upward Bound Program.....	28
US Citizenship & Immigration Services.....	53
US Department of Education.....	7
US Department of Veterans Affairs.....	5
US Gambling Hotline.....	7
<u>V</u>	
Veteran's Services Office.....	40
Vision USA.....	7
Volunteer Literacy Program.....	28
<u>W</u>	
Warrenton Community Library.....	17
Warrenton Fire Department.....	19
Warrenton Food Bank.....	37
Warrenton Police Department.....	19,29
Warrenton Senior Center.....	36
Warrenton-Astoria Head Start Child & Family Development.....	27
Warrenton-Hammond School District.....	22
Willamette Education Service District.....	7,26
Women, Infant & Children (WIC).....	2,9,45
Women's Cancer Support.....	40
Women's Resource Center.....	<i>Please see Clatsop County Women's Resource Center</i>
Women's Resource Center Déjà vu Thrift Shop.....	6,15,29,31,33,49,50,51,53

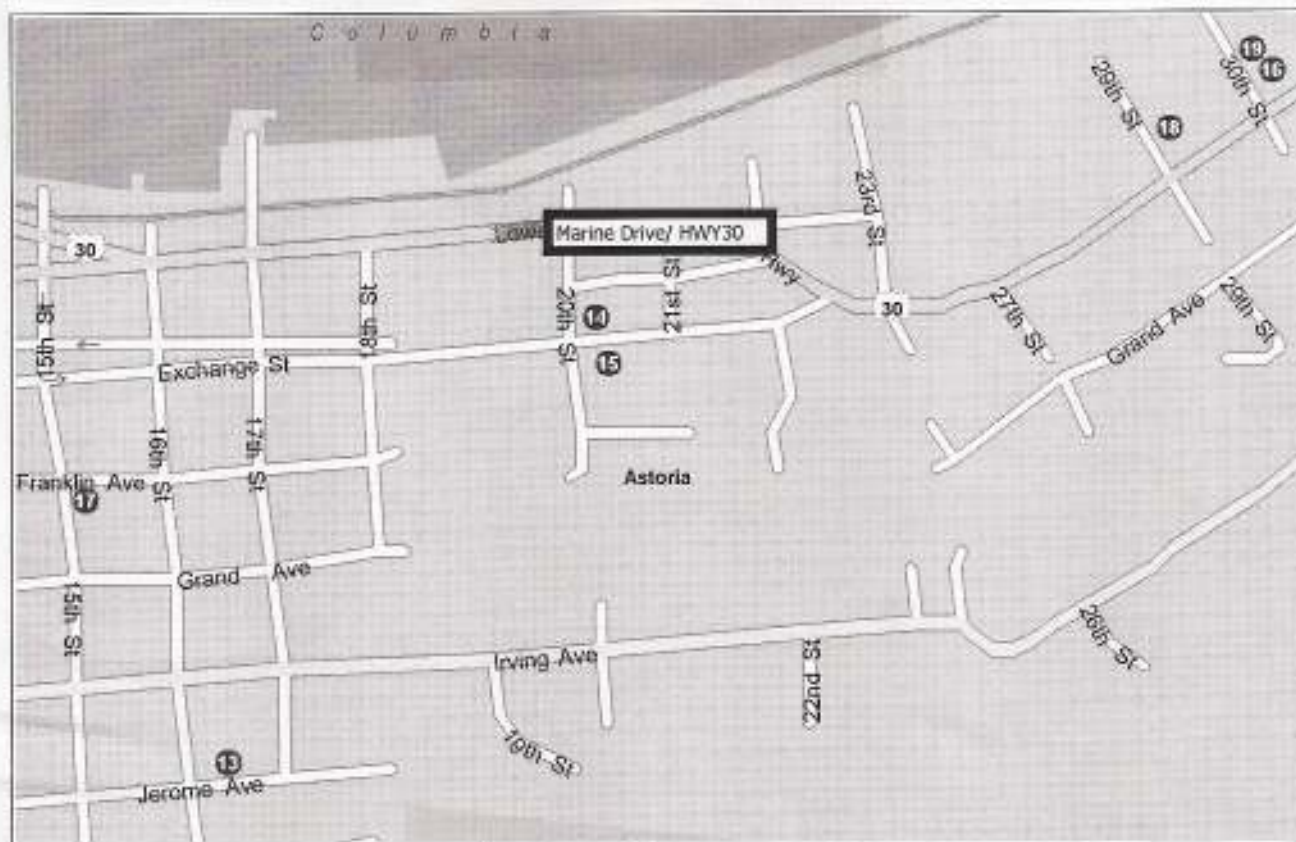
Appendix A

AFFORDABLE HOUSING UNITS

Updated 5/21/2008

CITY	NAME	ADDRESS	PHONE	Senior	Disabled	NOHA	Subsidized
Astoria	Astor Apartments	342 14th Street	503-325-0171		X	X	
Astoria	Astoria Gateway Apartments	2775 Steam Whistle Way	503-325-2882	62+			X
Astoria	Bayshore Apartments	1400 W. Marine Drive	503-325-1749			X	
Astoria	Bayview Cottages	783 W. Marine Drive	503-338-4359			X	
Astoria	Elmore Apartments	687 14th Street	503-325-8788			X	
Astoria	Emerald Heights	2 Nimitz Drive	503-325-8221			X	
Astoria	Hideaway Inn & Hostel	443 14th Street	503-325-6989				
Astoria	Hilltop Apartments	364 9th Street	503-325-1400			X	
Astoria	KD Properties	200 Nehalem Avenue	503-325-3323			X	
Astoria	Meriweather Village	101 Madison	503-325-3072	X	X		X
Astoria	Owens-Adair Apartments	1508 Exchange	503-325-4785	X	X		X
Astoria	Cavalier Court Apartments		503-325-1584				
Astoria	The Citadel Apartments		503-325-3697				
Astoria	Lewis & Clark Property Management	92351 Lewis & Clark Road	503-325-1870				
Astoria	Eason Property Management	10 6th Street	503-325-5678				
Astoria	Astoria Coast Inc. Professional Prop	940-B Astor St	503-325-9093				
Astoria	B Dalton Property Management		503-861-2509				
Cannon Beach	Elk Creek Terrace	357 Elk Creek Road	503-436-9562			X	
Cannon Beach	Shorewood Estates	1121 Spruce Court	503-436-9709			X	
Gearhart	Beach Property Management	570 S. Roosevelt Drive	503-738-9068				
Hammond	Columbia Pointe Apartments	500 Pacific Drive	503-861-2455			X	
Hammond	Parkview Apartments	421 NW Ridge Road	503-861-6031			X	
Seaside	The Carlyle Apartments	822 Necanicum	503-738-2871			X	
Seaside	Creekside Village Apartments	1953 Spruce Drive	503-738-6880			X	
Seaside	Hudson's Point Apartments	1021 S. Downing	503-738-9482			X	
Seaside	Salmonberry Knoll	1250 S Wahanna Road	503-717-1120			X	X
Seaside	Sandhill Apartments	150 S Wahanna Road	503-861-3652			X	
Seaside	Seaside Rentals (Don Bauske)	1000 S Holladay Dr. #1	503-738-0178				
Seaside	The Retreat	2160 Lewis & Clark Rd	503-738-0966				
Seaside	Mill Creek Apartments	2609 N Roosevelt Dr.	503-738-3337				
Seaside	Seagate Apartments	220 Nth Downing	503-717-9229			X	
Seaside	Tenant Management System	941 4th Ave	503-717-0335				
Warrenton	Alder Court	235 SW Alder Ave.	503-861-3652	X	X		X
Warrenton	Birch Court Apartments	216 SW 2nd Street	503-861-1296				
Warrenton	Villa Del Mar Apartments	200 SW 2nd Street	503-325-1870	50+		X	
Warrenton	Bayview Apartments		503-861-3721				

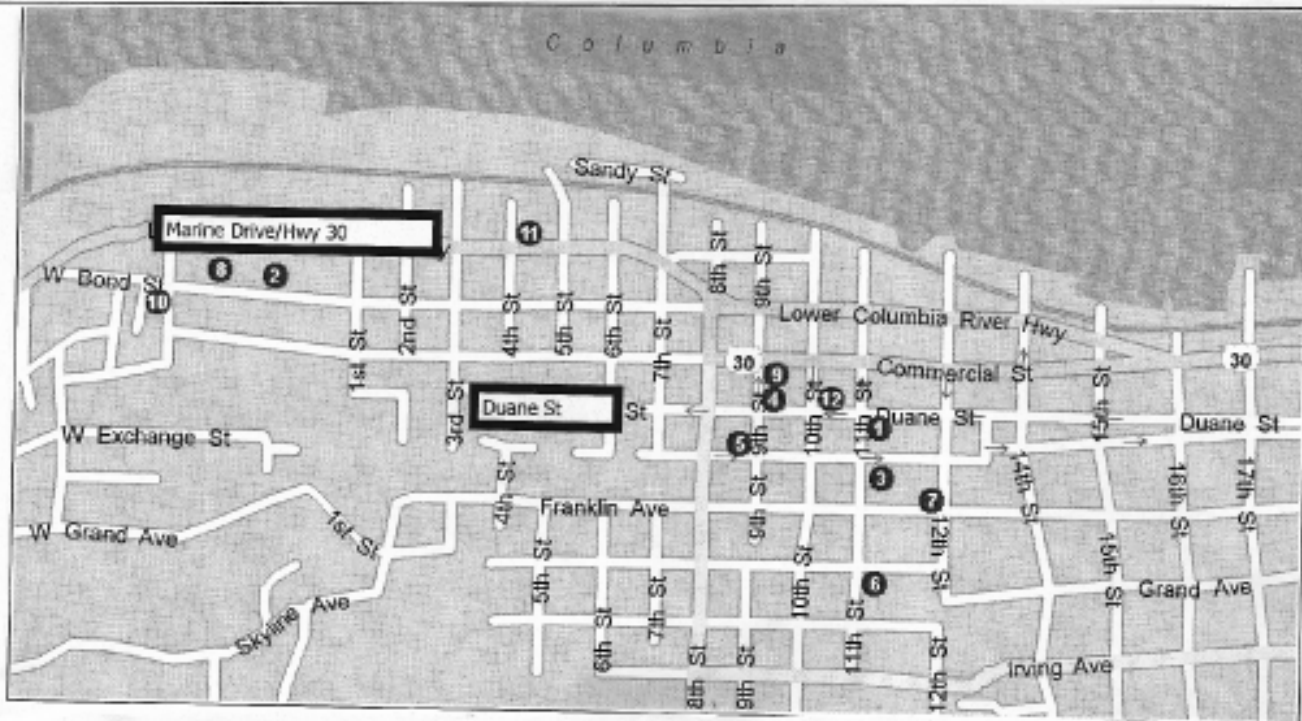
Map of Eastern Astoria



	Name of Organization	Address	City	Phone Number
13	Clatsop Community College	1653 Jerome	Astoria	(503) 325-0910
14	Coastal Family Health Center	2158 Exchange St., #304	Astoria	(503) 325-8315
15	Columbia Memorial Hospital	2111 Exchange	Astoria	(503) 325-4321
16	Fire Department	555 30th Street	Astoria	(503) 325-4237
17	Grace Food Pantry	1545 Franklin	Astoria	(503) 325-4691
18	LifeWorks NW	2911 Marine Dr.	Astoria	(503) 338-6990
19	Police Department	555 30th Street	Astoria	(503) 325-4411

	Nombre de la Organización	Dirección	Ciudad	Número Telefónico
13	Colegio Comunitario de Clatsop	1653 Jerome	Astoria	(503) 325-0910
14	Centro de Salud para Familias	2140 Exchange St., #304	Astoria	(503) 325-8315
15	Columbia Memorial Hospital	2111 Exchange	Astoria	(503) 325-4321
16	Departamento de Bomberos	555 30th Street	Astoria	(503) 325-4237
17	Almacén de Alimentos Grace	1545 Franklin	Astoria	(503) 325-4691
18	LifeWorks NW	2911 Marine Dr.	Astoria	(503) 338-6990
19	Departamento de Policía	555 30th Street	Astoria	(503) 325-4411

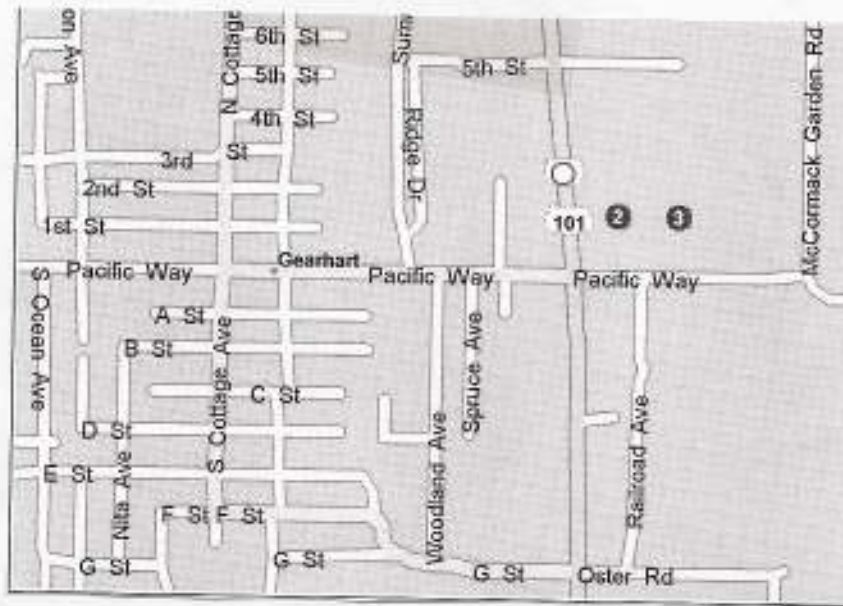
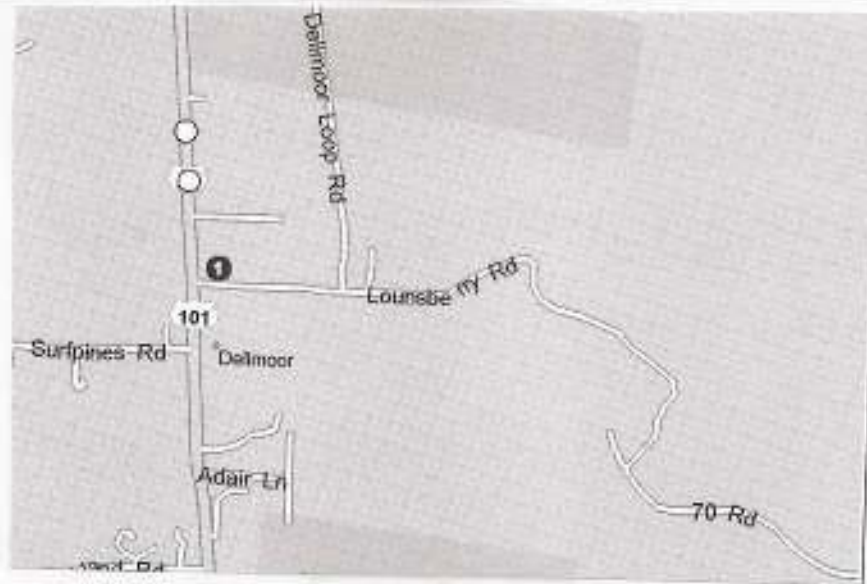
Map of Western Astoria



	Name of Organization	Address	City	Phone Number
1	American Legion	1132 Exchange	Astoria	(503) 325-5771
2	Astoria Rescue Mission	62 W Bond	Astoria	(503) 325-6243
3	Astoria Senior Center	1111 Exchange	Astoria	(503) 325-3231
4	Clatsop Community Action	364 9th Street	Astoria	(503) 325-1400
5	Clatsop County Health & Human Services	820 Exchange	Astoria	(503) 325-8500
6	Clatsop Emergency Food Bank	1103 Grand Street	Astoria	(503) 325-1702
7	Loaves & Fishes	565 12th Street	Astoria	(503) 325-9693
8	Pioneer House	76 W. Bond	Astoria	(503) 325-5510
9	Pregnancy Resource Center	360 9th Street	Astoria	(503) 325-9111
10	Social Security Administration	115 W. Bond	Astoria	(503) 325-8845
11	State of Oregon Department of Human Services	450 Marine Drive	Astoria	(503) 325-2021
12	Women's Resource Center	1010 Duane Street	Astoria	(503) 325-3426

	Nombre de la Organización	Dirección	Ciudad	Número Telefónico
1	American Legion	1132 Exchange	Astoria	(503) 325-5771
2	Misión de Rescate de Astoria	62 W Bond	Astoria	(503) 325-6243
3	Centro de Personas Mayores de Astoria	1111 Exchange	Astoria	(503) 325-3231
4	Acción Comunitaria de Clatsop	364 9th Street	Astoria	(503) 325-1400
5	Servicios Humanos y de Salud del Condado de Clatsop	820 Exchange	Astoria	(503) 325-8500
6	Almacén de Alimentos de Emergencia de Astoria	1103 Grand Street	Astoria	(503) 325-1702
7	Loaves & Fishes	565 12th Street	Astoria	(503) 325-9693
8	Pioneer House	76 W. Bond	Astoria	(503) 325-5510
9	Centro de Recursos para Embarazadas	360 9th Street	Astoria	(503) 325-9111
10	Administración del Seguro Social	115 W. Bond	Astoria	(503) 325-8845
11	Departamento de Servicios Humanos del Edo. de Oregon	450 Marine Drive	Astoria	(503) 325-2021
12	Centro de Recursos para Mujeres	1010 Duane Street	Astoria	(503) 325-3426

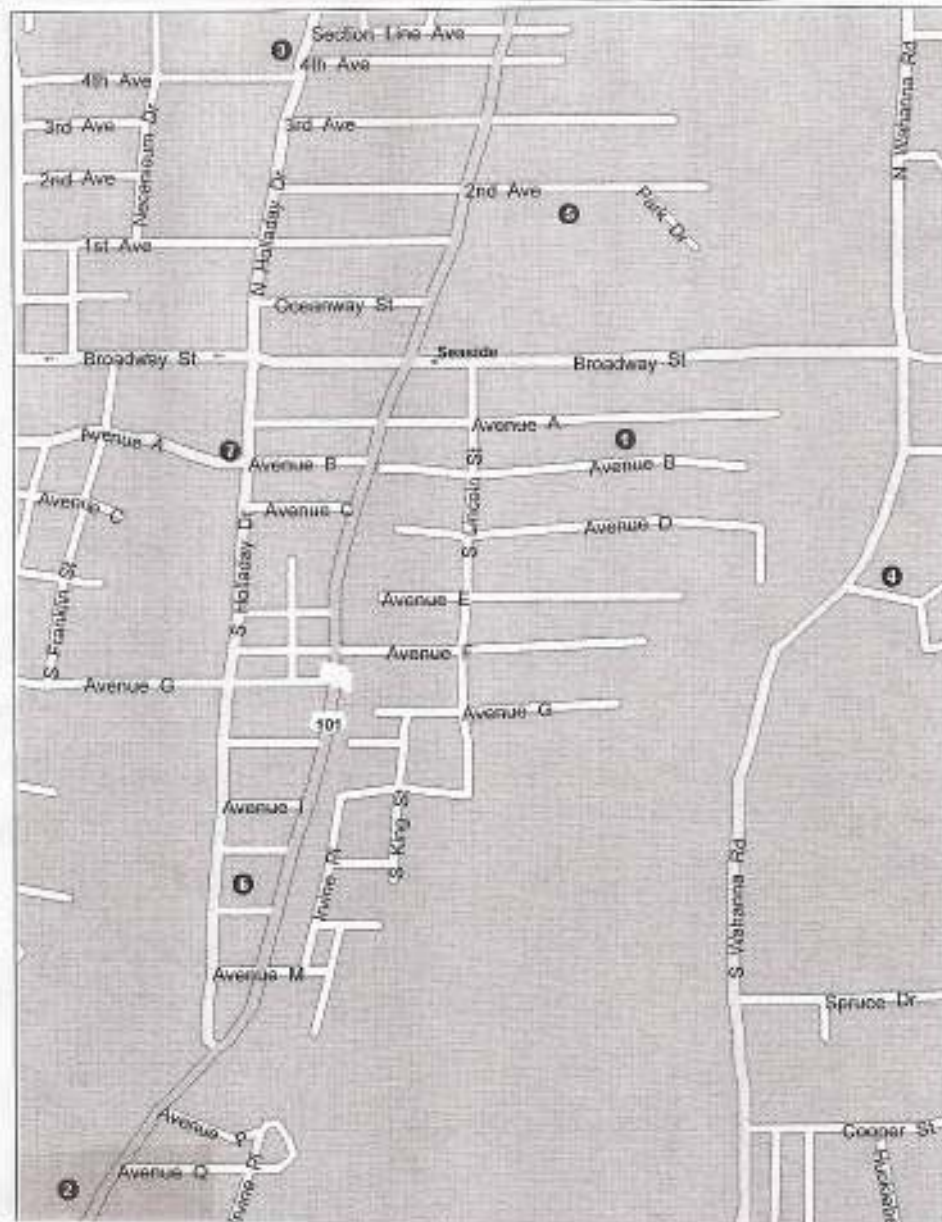
Map of Gearhart



	Name of Organization	Address	City	Phone Number
1	Manna House Food Pantry	88786 Dellmoor Lp. Rd.	Warrenton	(503) 738-5182
2	NorthWest Senior & Disability Services	3523 Hwy 101 North	Gearhart	(503) 738-5191
3	St. Vincent De Paul Food Pantry	3575 Hwy 101 North	Gearhart	(503) 717-4661

	Nombre de la Organización	Dirección	Ciudad	Número Telefónico
1	Almacén de Alimentos Manna	88786 Dellmoor Lp. Rd.	Warr.	(503) 738-5182
2	Servicios de Ancianos con Discapacidades del Noroeste	3523 Hwy 101 North	Gearhart	(503) 738-5191
3	Almacén de Alimentos San Vicente de Paul	3575 Hwy 101 North	Gearhart	(503) 717-4661

Map of Seaside



Name of Organization	Address	City	Phone Number
1 Bob Chisholm Community & Senior Center	1225 Avenue A	Seaside	(503) 717-1617
2 North Coast Recovery Outreach	1530 S. Roosevelt	Seaside	
3 Oxford House	420 N Holladay	Seaside	(503) 717-1958
4 Providence Seaside Hospital	725 S. Wahanna Rd	Seaside	(503) 717-7000
5 Seaside Headstart	1225 2nd Avenue	Seaside	(503) 738-0873
6 Seaside Police Department	1091 S. Holladay	Seaside	(503) 738-6311
7 South County Food Bank-Pantry	880 Avenue A	Seaside	

Nombre de la Organización	Dirección	Ciudad	Número Telefónico
1 Centro Comunitario de Ancianos Bob Chisholm	1225 Avenue A	Seaside	(503) 717-1617
2 North Coast Recovery Outreach	1530 S. Roosevelt	Seaside	
3 Oxford House	420 N Holladay	Seaside	(503) 717-1958
4 Hospital Providence de Seaside	725 S. Wahanna Rd	Seaside	(503) 717-7000
5 Seaside Headstart	1225 2nd Avenue	Seaside	(503) 738-0873
6 Departamento de Policía de Seaside	1091 S. Holladay	Seaside	(503) 738-6311
7 Almacén de Alimentos del Condado Sur	880 Avenue A	Seaside	

